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THE

CANADIAN NURSE

A Monthly Journal for the Nursing Profession in Canada

Editor and Business Manager.....MISS HELEN RANDAL, R.N.

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Venereal Diseases

BY DR. AHERN.

Read at the Convention, Quebec, June, 1921.

(Ladies:—I am sorry, on account of unavoidable circumstances, Dr. Desloges, whose name is on your programme, could not be here for your convention. He asked me to take his place, and for two principal reasons I feel embarrassed, first, to take Dr. Desloges' place, because he is director of the anti-venereal campaign, and I am sure he could interest you much more than I can myself; secondly, to have to address an audience so unusual and almost absolutely personally unknown to me, though, as a practitioner, I have learned to know and appreciate the life of sacrifice, the untiring devotion and the skilful assistance of the trained nurse whom the public, and I think especially the numerous victims of the late war, the wounded heroes, have appreciated so well, too, and to whom they have been given the title of "Ministering Angels.")

At a convention of hygienists from all over the country, held in Ottawa in 1920, and assembled under the auspices of the Federal Government, a resolution was passed by unanimous agreement that immediate action was necessary to check the encroaching evil, the disastrous rav-

ages brought on our population by the ever increasing venereal disease. Immediately the Government offered to the Province an important subsidy in order to help them in the institution of an anti-venereal campaign. The Government of the Province of Quebec, answering this invitation, voted the necessary funds, and, in virtue of a by-law passed at a meeting of the Legislature, charged a committee of three members selected from the Superior Board of Health to carry on a campaign against the venereal disease problem. A director and an assistant director, appointed by the Government, are expressly entrusted with the care of organizing and prosecuting the campaign, the plans of which include: (1). The establishment and upkeep of laboratories where the most modern and scientific methods of bacteriology and serology are placed at the disposal of the physicians of the Province for confirming their diagnosis; this service will be rendered gratuitously, so that the scientific treatment necessary shall be less expensive to the patients and consequently more accessible to all purses. (2). The establishment of dispensaries where the needy will be treated gratuitously. (3). An active campaign of instruction on the nature, modes of contagion, ravages and consequences of venereal diseases.

The important point in this plan, just as important as the laboratories and treatments of patients, if not more so, is the necessity of educating the people. The population at large must know what venereal disease is and what are its consequences. The reason of the ignorance of people regarding the venereal question arises from the very nature of these maladies, which are supposed to be and are even called secret diseases, that is, that they are known almost only by those who are affected with them and who want their condition kept secret at any cost, besides, their most frequent cause always implies a kind of discredit, of shame, and the simple mention of venereal disease, not to mention "syphilis" or "gonorrhoea" in particular, is shocking to the non-professional ear. I said that venereal diseases always caused a kind of discredit. But it should not be so, because this discredit is not always merited. According to Major Wm. A. Wilson, 75 per cent. of all cases of syphilis and 12 per cent. of all cases of gonorrhoea are accidentally contracted. According to Buckley, 50 per cent. of syphilitic women are infected innocently, and 85 per cent. of married women having syphilis have contracted it from their husbands. Vedder claims that 10 per cent. of all venereal disease infections in men have been contracted outside of prostitution. Add to these the case of syphilis contracted by wet nurses from their nurslings, and which are later transmitted to their own children, husbands or other nurslings; the cases of congenital syphilis, the cases of syphilis of non-venereal origin, such as those the physicians, the medical students and maternity nurses contract in the practice of their profession, and those cases of syphilis which are the result of a simple accidental contact. And, in presence of these unmerited cases of syphilis, in presence of the terrible dangers and consequences that follow the dissemination of the venereal disease, people must put aside all false mod-

esty, learn to call things by their name, learn what is a venereal disease, and people who have been the victim, innocent or guilty, of one of these must not hesitate in being treated for it and take all the precautions in their power to avoid spreading it.

The venereal disease is contagious, just as contagious as tuberculosis, smallpox or diptheria, but, being contagious, it can be prevented, and the best means of preventing it is to know all about it.

According to Dr. Bates, it has been estimated that 8 per cent. of the total Canadian population, that is 650,000 people, are suffering from some form of venereal disease.

In the Province of Quebec, for the first three months of the year, there were 2,111 cases of venereal disease treated in our clinics, and during the last six months we gave 20,981 treatments. In our local dispensary, in Quebec City, we have had, from October, 1920, to May 1st, 1921, a total of 359 patients, of which 161 were syphilitic and 198 gonorrhoeal, with a total of over 1,000 treatments for syphilitic patients only.

There are three kinds of venereal diseases: syphilis, gonorrhoea, and soft chancre or chancroid. The name of syphilis is given to a specific contagious constitutional disease of a slow and a fairly typical course, due to an infection by means of a spirillum known as the spirocheta pallide. The disease starts through the infection entering an abrasion or tear of the skin or mucous membrane, at which point there develops the initial lesion called chancre. From here it gradually travels through the entire organism, giving rise to various lesions of the surface or the deeper tissues of greater or less severity.

During the disease there are intervals, more or less fixed, that are called stages; these are known as the primary, secondary and tertiary stages, denoting the various periods of the disease and the time required for their development.

Syphilis was first recognized and written about towards the end of the XV. century. It was thought at that time to be a disease having its origin among the American Indians, and that the Spanish sailors who accompanied Columbus on his later voyages acquired it in North America and spread it among the people of Southern Europe on their return. It was first called Napolitan disease, but the Italians, resenting this, gave it the name of French disease. In 1530 an Italian named Fracastor wrote a poem entitled "Syphilis or French Disease." The name means "a lover of swine," and the principal character was described as having all the symptoms of the disease.

In Canada, at the end of the XVIII. century, we had our own little epidemic of syphilis, on the north shore of the St. Lawrence river, known as the "St. Paul's Bay Disease."

The first or primary stage of syphilis is the chancre stage. This chancre appears at the point of inoculation, between two weeks and two months, but generally three weeks after infection. This initial lesion is found in about 90 per cent. of cases on the genital organs; in about 3 per

cent. on the lips, and in the remaining 7 per cent. on other portions of the body, especially the fingers, though it may appear anywhere, for instance on the nose, the forehead, the shoulder or in the eye, according to the part which has been in contact with the infecting agent.

The affection is generally carried through an abrasion of the mucous membrane or integument during sexual intercourse (it must be remembered that fifty out of a hundred prostitutes are syphilitic), but it may also be transmitted through kissing or the use of toilet articles, barbers' tools, eating utensils such as knives, forks, glasses; this latter contamination, although possible, seldom happens.

The virus passes from the chancre to the neighboring lymphatics and to the nearest group of glands, from which point it extends up to the main lymph channels and plexuses to all parts of the interior of the body tissues and to the periphery. This introduction of the virus is accompanied by constitutional manifestations of the disease, such as frontal headaches, especially at night, pain in the bones, usually the ribs, sternum and bones of the lower extremity; and in certain cases a certain amount of fever is present.

The secondary stage of eruption may appear from six weeks to three months after the initial lesion, or it may never appear; or, what is more probable, it may appear but never be noticed. Unrecognized syphilis has been estimated as present in 3 per cent. of the cases in men and as high as 18 per cent. in women. This secondary stage consists in rashes, eruptions of the skin, which take different names according to their form and the date of their apparition; macular, anular, pepular, lenticular and so forth.

The last or tertiary stage of syphilis may appear at any time between two months and twenty years after the disappearance of the last symptoms of the secondary stage. The symptoms affect especially the cutaneous, respiratory, osseous, circulatory, nervous and gastro-intestinal systems. The most important of these manifestations are those found in the circulatory and nervous complications. Among the first are endo-arteritis, angina pectoris and aneurism of the aorta; among the second are hemiplegia, paraplegia and ataxia paraplegia, locomotor ataxia and general paresis.

The treatment of syphilis until some ten or twelve years ago was mercury. It was a good treatment, but generally lasted four or five years. Since then there has come on the market a new arsenic preparation, called salvarsan or neo-salversan, or seno-benzol or neo-areno-benzol, best known under the numerical name of 606 or 914. This preparation is the most powerful drug that we have to-day to fight syphilis, especially in cases recently infected. It enables us, with the adjunction of mercury in intra muscular injections, to cure a patient in two years instead of four.

The sooner a patient is treated after infection the quicker he is cured, and the less danger there is of complications and of transmission, as the disease is extremely contagious during the first and second stages.

Syphilis is always dangerous, however mild it may seem to be in certain cases; even those who have undergone a serious treatment and think themselves cured should every two or three years submit to a few weeks' treatment, because the germ is living in their blood and may at any moment acquire a new virulence and cause disastrous accidents, and a patient who has had syphilis and who marries without having obtained the permission of a conscientious physician is guilty of a criminal act.

The complications of syphilis are very numerous, and we have partly seen them. Syphilis is transmissible to the offspring and causes death of 80 per cent. of those infected; it is the cause of about 20 per cent. of all insanity; it is one of the causes of mentally defective children; it is the cause of locomtor ataxia, paresis or softening of the brain, the chief cause of apoplectic and paralytic strokes in early life; it is the cause of half the abortions and miscarriages; it decreases the length of life by about one-third.

Syphilis is the cause of death in 50 per cent. of all cases of organic trouble; 50 per cent. of all cases of angina pectoris; 40 per cent. arterial disease, aneurism, cerebral hemorrhage, general paralysis; 20 per cent. Bright's disease; 10 per cent. epilepsy, encephalitis and meningitis. All the Canadian hospitals state that from 20 to 30 per cent. of their inmates have syphilis; among the Canadian recruits, during the last war, the percentage was 16.77 per cent.

The second in importance of the venereal disease, is gonorrhoea, commonly called dose or claps. It is caused by a microbe called gonococus, and is a serious disease from both social and individual standpoints. It is the most contagious disease after measles.

The most frequent cause of gonorrhoeal infection is sexual intercourse, although an accidental contact with gonorrhoeal pus through soiled articles, such as bedding, dressings, etc., may cause the disease.

Gonorrhoea is a serious disease. It kills 5 per cent. of the people infected with it. In women it may spread to the vagina, uterus, tubes and ovaries, and cause grave abdominal infections necessitating serious surgical operations, besides causing sterility. It may sometimes spread through the entire organism and produce gonorrhoeal articular rheumatism, so painful and so difficult to cure. Gonorrhoea is the cause of 50 per cent. of all cases of absolute sterility, and sterility after one child's birth is one of the consequences of gonorrhoea; it is the cause of 80 per cent. of all cases of blindness amongst newborn, and causes 25 per cent. of all blindness.

The last venereal disease is soft chancre or chancroid. It is due to a microbe, and, being a local disease, it is much less severe than syphilis or gonorrhoea. Soft chancre may be healed in from six to eight weeks. It is not a severe disease in itself, but it may give rise to certain very annoying complications. It may thus reinoculate itself several times; the disease may then last for a long time. It may spread around and form a

wide wound; it may invade the neighboring glands and cause them to suppurate, the disease being thereby lengthened and becoming very painful.

Such are the venereal diseases that the Federal Government and the Government of each Province of Canada have decided to fight and wipe out of the country, if this is possible. For this purpose, and outside of the lectures that are given to enlighten the public mind on the question, clinics have been established in all the provinces except Prince Edward Island. In the province of Quebec there are seven clinics, located in Montreal, Quebec, Three Rivers, Sherbrooke and Hull. In the very near future there will be one more situated in each of the following places: Chicoutimi, Shawnigan, and Fraserville. At these clinics the patients receive free bateriological analysis and blood tests; free consulations and all the information they require.

The two films that will finish this already too lengthy lecture are on "Social Hygiene of Woman." You will find all the explanations on the screen.

The Establishing and Re-establishing of Breast Feeding

By Edith Haslem, R.N.

Read at C.N.A.T.N. Convention, Quebec, June, 1921.

In 1919 it was my privilege to observe the splendid work for the stimulation and restoration of this function, as demonstrated by Dr. Truby King and his wonderful nurse assistant in the little hospital at Earl's Court, London, England.

My position as superintendent of an Infant Welfare Centre prevented my taking the course in Infant Feeding and Care being offered, but since the work was closely affiliated with the Maternity and Child Welfare work in London, I was able to closely observe the progress of many of our mother-members who were referred from our centre to Earl's Court. Breast feeding was successfully maintained in most cases and in others partially—even when weaning had taken place many weeks before. Once a nurse has a clear grasp of the principles necessary for success, and is sure of the fact that every mother can nourish her offspring in the usual way, with those rare exceptions which merely prove the rule, she will find immense encouragement in almost every case she undertakes. The following rules are given the mother, and in a few days the increase of breast milk fully repays the efforts made:—

1. A hopeful and determined point of view on the part of the mother.
2. Absolute regularity of feedings, with no night feedings.
3. The mother to take a drink of water, milk, cocoa or weak tea before each feeding.

4. Personal hygiene, a daily sponge or full warm bath and a satisfactory daily bowel movement.

5. The mother to sit before two bowls of water (one hot and one cold, with its own wash-cloth), and to bathe the breasts alternately until a pink surface results. Drying of the nipples is of great importance, as cracks are liable to occur if they are left damp.

6. Massage of the breasts toward the nipple, to stimulate the blood-flow.

Pre-natal care to-day insists upon the importance of at least six glasses of water each day, and all nurses know the argument for breast feeding well enough to need no emphasis here. That her baby will be a happy, healthy member of the family if his routine and digestion receive the same thoughtful care which is given other departments of household science, is a fact which is gradually being recognized by mothers of all grades to-day.

Regarding the function of breast feeding, Dr. Truby King gives us some telling facts in his "Natural Feeding of Infants," and his "Feeding and Care of Baby." The baby should be put to the breast within six hours of birth for a period of less than two minutes to stimulate the secretion of milk, and failure of milk supply is often due to the nurse not putting the baby to the breast soon enough and not persevering.

"During the first week baby should have both breasts at each nursing, sucking each breast at first for under two minutes, the second day for three minutes, and so on. Prolonged sucking, at first, is apt to cause tenderness and cracking of nipples. Mothers are generally told that after the first week baby must have only one breast at each nursing, the breasts being used alternately. This is right where the mother has plenty and baby gets all he needs from one breast. But where this is not the case, where the supply falls short of what is needed, and one breast does not furnish enough for one feeding, baby should certainly be put to both sides at each suckling, the right breast being used first at one feeding-time and the left first at the next. This is the best means of stimulating the secretion of milk, from eight to ten minutes being allowed for each breast. In any case, the breast first suckled should be emptied, but, with an increasing supply, less and less time should be allowed in regard to the second breast, and if the supply becomes ample, only the one breast should be used at each nursing."

Absolute regularity of feeding times gives the gland the education necessary and prevents the exhaustion consequent upon irregular and too frequent working. And Dr. D. C. Cameron, of London, says, "Women are too apt to look upon the secretion of milk as something which they themselves give their babies. It would be more true to regard it as something which the healthy child provides for himself. If the breast is emtied completely, it fills again, as it were, to the same level and a little beyond. If, from weak suckling, it is not emptied, the milk falls off in quantity and quality alike."

Three hourly feedings are generally considered best up to the age of six months, then four hourly intervals are quite successful, many infants thriving on four hourly feedings from birth. Regarding "night feedings," Dr. Truby King says, "Nothing in the history of modern baby-feeding is more strange than the way in which humanity seems to have jumped to the conclusion that a young infant needs night feeding without ever pausing to consider whether the procedure is really a natural and proper one, ignoring the fact that darkest night is the appointed period for the most profound rest and the deepest sleep, and that it is not customary for the young of other mammals to be suckled at this time."

The baby should be fed only six times in 24 hours (say at 6 a.m., 9 a.m., 12 noon, 3 p.m., 6 p.m. and 10 p.m.) This ensures an undisturbed night's rest to the mother, and establishes the baby in its proper rhythm from the start, saving it from the period of irritability, disturbed rest, and slackening growth incidental to the breaking of a bad habit a few months later. Both in England and Canada the writer has had the father thank her for making it possible for the whole family to sleep all night by following this "no night feeding" rule, and the improvement in the physique of both mother and baby has been well worth while.

In St. John many babies are now on "full time" breast milk who were on the point of being weaned, and faithful adherence to the rules is alone responsible.

In those cases where the infant is not thriving on the breast, a "test feed" will provide a guide as to how much the infant is getting in twenty-four hours. We use an ordinary pair of grocer's scales, which we send into the home and carefully explain the process. The baby is weighed, fully dressed, before and after each feeding, for twenty-four hours, and a record of the difference in the weight kept by the mother. One of our babies recently weighing two pounds below normal showed that he was getting 9 ounces in 24 hours by this method. The family doctor was consulted and a formula was given after each nursing. The two pounds were gained in six weeks, and to-day he is a Canadian to be proud of. This method of mixed feeding has its dangers of course, and, as Dr. Cameron says, "It too often happens that so soon as the child experiences the easy-running bottle, he instinctively refuses the difficult breast. Moreover, if the difficulty be due to insufficient appetite, we shall not benefit matters by satisfying a part of that appetite by artificial means. So much the less will be left for the breast. For these reasons we must always consider the matter very carefully before we advise mixed feeding. Speaking generally, it is a course which is often too lightly entered upon, and which is in many cases directly responsible for the drying up of the breast and the institution of bottle-feeding."

Professor Pinard, of Paris, says, "It has been proved that, when a baby is given some cow's milk, he digests it much better if, previous to the taking of the cow's milk, he has been given even a very small quantity of mother's milk."

On the other hand, Dr. Truby King says, "Where a breast-fed baby is not doing satisfactorily, and there is any doubt as to whether he is getting the right quantity of food, the rule should be absolute to weigh him before and after each nursing for 24 hours, and not trust to guessing. In a large proportion of cases it would be found that the baby is taking too much, where the mother or nurse had come to the conclusion that he needed more."

Another cause for joy was the case of a young mother whose baby was having a very unhappy time with his bottle. Weaning had taken place ten days before, and to-day a plentiful supply of breast milk is the result of three weeks' struggle both of mother and nurse, and the baby is thriving happily.

If we can restore the sacredness of this function in the minds and hearts of our Canadian women and help them to become whole mothers, our work among them will bring its own reward in the knowledge that we are doing our small part in increasing the strength and vitality of the rising generation.

NOTICE.

International Training Course of Public Health Nurses.

In view of the excellent results obtained this year by the International Training Course of Public Health Nurses at the University of London, the League of Red Cross Societies has decided to organize a new course next year at Bedford College for women, which, like King's College for women, where the first course was held, is a part of the University of London. The course will begin on October 7, 1921.

Nineteen nurses, representing eighteen countries, attended the first course. Nurses from Japan, China and New Zealand have already been inscribed for the new course, and many other inscriptions are expected. As was the case last year, national Red Cross Societies, members of the League, have been requested to offer scholarships to enable Red Cross nurses to take this course.

To whom a thousand memories call,
For who can always act? but he,
Not being less but more than all
The gentleness he seem'd to be.

In Memoriam.

C. A. M. C. Nursing Service Department.

Sidelights on the Annual Convention.

(By Nursing Sister Mary Doe).

Apropos of nothing at all, Maria Jane decided at the last moment to betake herself to the Convention at Quebec. I say 'apropos of nothing' because, in previous conversations on the subject, she had shown better interest. The uncertainty as to what Maria Jane will do or say at any given time constitutes charm in itself. Her decisions are usually made with toboggan-like rapidity. So, when she determined on the Convention, my excitement was on edge, for, with patient and pocket finances equally well disposed, I invariably accompany Maria Jane. With finances uppermost in mind, I remarked, "Pity you can't go as a delegate from something or other."

"Delegate nothing," she replied, "the word spells 'drudgery' and, "anyhow, the observer sees most of the game."

"Yes," to this last was my mental note, provided the on-looker possessed acumen like unto Maria Jane's. Aloud, I said, "And the cause of your resolve to attend?"

"Well," came the reply, "the idea of keepin' up with Liz' as well as the desire to enjoy whiffs from the breezy Westerners."

I ventured it might prove refreshing. So the following day found us hopping onto a train. Scarcely were we seated before Maria Jane scented two delegates midway down the aisle.

"Oh, you know them," said I.

"No, I don't know them, I suspect them!" came the reply. Subsequent acquaintance verified suspicion.

Travelling with Maria Jane is really a condensed Cook's tour. Her conversation is so instructive and humorous. It has the further advantage of not being stereotyped. Her running fire of comment reduces to a cinder the tediousness of a hot, dusty, journey. From this it must not be inferred that Maria Jane ever becomes importunately wearisome; on the contrary, she is one of the few women known to me who insist upon a period of "Conversational repose," as she terms it. The first intimation of such is usually conveyed by, "I'm goin' to abstract my mind for a bit" or "I'm goin' to give and take a rest." Maria Jane has the provoking habit --though I must say it is less objectionable in her than in most people— of frequently ignoring her final g's and t's.

Well, when I was not learning something, or laughing, on this particular trip I was being a wee bit envious of Maria Jane's power of expression. Also she is always ready for a joke. When the porter picked up our hand pieces saying, "Any more baggage, Miss?" "Just that bit

there," said Maria Jane, waving her hand in the direction of my chair. Quite unsuspectingly I arose and, with him, searched about. His "I declar' I don't see no more, Miss," brought forth "Oh, I just meant her." Naturally I was peeved but felt revenge came when the porter, dropping the pieces he held, continued, "Then I s'pose I should carry her off fust."

At this Maria Jane froze into dignity.

"Serves you jolly well right for being so flip," said I.

Arrived at Quebec, we shortly found ourselves at the Chateau Frontenac. Our rooms overlooked the world-famed terrace. The river in the foreground, with the Laurentian range in the background of vision, claimed our chiefest admiration. The scene presented constant change. Occasionally interjected by the clumsy ferry boats to Levis, smallish water craft plied saucily up and down the river. From lofty height the towering grain elevator frowned upon the "Empress of Britain," as the latter lay, mysterious in her inactivity, in the Louis Basin.

Over the Laurentian hovered a haze, varying in colour from blue through mauve to purple. Many were the minutes stolen from Convention to revel in this view. Then, with elbows resting on windowsill, palms forming a cup for the chin, we silently gave ourselves over to thinking long thoughts and dreaming idle dreams.

After all, realities were the chief concern. We made our way to the Empire Room; at the entrance where awaited welcoming smile, pen and register—all three accorded in such pleasing fashion that one felt this an agency for the conferring of the freedom of the city or some such act of grace.

In the Assembly Room, Maria Jane chose the last row of seats at the back—"Where we can see everybody and everything," she said. And she sure did. Another advantage offered by the back row was that it permitted occasional conversation less disturbing to the front area. And I knew Maria Jane's comments would prove diverting when the platform became too technical for me.

The invocation, by Rev. Canon Scott, missed nothing of the poetic sanctity he so well knows how to transmit. At the close I exclaimed, "I envy his wife having him for daily diet."

"More than likely," said Maria Jane, "he's always late for meals and poetic temperament gives Mrs. Scott many trying moments."

Addresses of welcome followed in swift and assuring style; these certainly made us feel cocky. At the opening session the Empire Room presented a busy, earnest scene. Taking a careful survey, Maria Jane remarked, "Save for a few big Gunns, we have here the heavy artillery of the Canadian Nursing profession."

"Thank heaven I'm no longer within range of its fire," said I.

"Still, there's plenty of room for further impression," said she.

When with her, my interest in an address is greatly influenced by Maria Jane's facial expression. If she shows attention I at once sit up

and take notice. Therefore, on finding her glowing with admiration, I pulled myself erect and, believe me, in about two shakes I was quivering with enthusiasm too. From the Archives there had stepped into our midst a most gracious personage; refreshingly Victorian in charm of manner and dress was she. That sparkling eye and sweetly gentle voice required no effort to hold its audience. All were easily conscious that every word came from a mind stored with knowledge and a heart filled with the joy of inward peace. Though she pretends to be as hard as flint, I know I saw the furtive tear at the edge of Maria Jane's eye. "Nonsense child," she said, "but I pray the autumn of my days may find me equally mellow of heart and mind." "Yet," she continued, "With all that I shall not have accomplished anything like Miss Sniveley's usefulness." When Maria Jane begins to moralize, it's bad for both of us. So, on the pretence of having previously engaged a Caleche, I inveigled her outdoors.

"Which is your driver?" she asked.

"The one with the red cord and tassel on his hat," I said.

Tripping gaily towards, and fully prepared to rate him roundly if he denied the accusation, I said, "You're the man I engaged to take us an hour's drive, the same drive you took my friends yesterday." I chanced this last, too. It served well. At the end of the hour, and freshly receptive in mind, we returned to the Convention. A speaker was just being introduced.

"My word!" gasped Maria Jane, "her name is Breeze and a Western one at that."

"Well, I'll be fanned!" said I, somewhat apologetically.

"Your airiness certainly needs cooling," said she.

That evening, pleasing speech was given by a lady doctor. Her voice, consonant with character, bespoke a kindly, agreeable, humanly understanding nature. "A saturated solution of the milk of human kindness," remarked Maria Jane as the Medico sat down.

A fine address was that delivered by the Director of Public Health Nursing, Toronto. It soon convinced us of the zeal of its author and her absorbing wish that the greatest good might result to the greatest number. As far as public health goes, I was thinking I am still in my cradle. This seemingly brought up the subject of milk. A young woman, good to look upon, was advertising its merits. There was nothing milky about the diamond on the third finger of her left hand. It had me hypnotized. I was so occupied in following its flash and sparkle that I caught little of what the owner was saying. When Maria Jane asked—and she so dislikes any inattention to the platform—my opinion of Child Hygiene, I blurted out, "She seems very detached." Forgiving me for the nonce; "More likely attached," came from Maria Jane in a dry voice.

The next I remember a little-ish woman of cherub-y countenance had the floor. In calm, unruffled voice that betrayed naught of care or

responsibility, and, with occasional glance at the paper in her hand, she was giving a report.

"Easily seen she holds a cushey job somewhere," said Maria Jane, as we adjusted our chairs. Then we awoke to discovery. Here was that rara avis in this country—a lady Editor.

"My word!" again exclaimed Maria Jane, "not a bit like my idea of the species."

"Oh!" I added, with a knowledgable sort of air, "I knew she'd be like that, because I heard she loaned her cottage to a pair of honeymooners whilst she's here in the East."

"Humph," said Maria Jane, "wouldn't surprise me if she'll be taking a honeymoon herself soon."

A paper concerning Ethics—and, by the way, the name of the author seems a libel on her nature and appearance—taught me something of the p's and q's of the profession. "And," added Maria Jane, "what that woman doesn't know about parliamentary procedure wouldn't fill my thimble."

"She's got nothing on our quiet, dignified but forceful little President," thought I. The way these two women conducted their respective duties was a treat. I'm not surprised Cupid hovers about them.

An enlightening picture was that painted by the Canadian Representative, just returned from Kings College, London. During her chat I was thinking how happy was the choice and that in no way could she have mis-represented us over there. Without having told one half, and nary a word of the entertainment (the Committee on this had left nothing undone—we were feasted and joyrided to the nth degree), I must conclude.

The telephone, which is more to me than any infernal machine invented, has just conveyed my quaking agreement to take a case. So I must needs pack my bag and see what awaits around the corner. From Maria Jane there is in store a goodly lecture; her opinion of my pen is too humiliating for print. I'll get somewhat even by giving a final prick. When our account was settled and we were on the point of leaving the Chateau Frontenac, Maria Jane said, "Don't you think we had better see the Manager?"

"Whatever for?" I asked.

"Well," she went on, "my railway ticket is about the only thing I've got left, he might fancy that."

"Heavens," I exclaimed in horror, "is your honour gone, too?"

She conceded I had her that time.

Agreeing that in any case we had more than our money's worth, we turned our backs upon the charming Chateau Frontenac.

Canadian Association of Nursing Education Department.

Experiments in Teaching Materia Medica

By Louise Newcombe, R.N.
(Instructor of Nurses, Vancouver General Hospital).

The teaching of Materia Medica has always been the bugbear of the Instructor in nurses' training schools. The pupil nurses, also, have always appeared to find it harder than other subjects. This may be due to three causes:—

1.—The fact that the instruction given has usually been principally in lecture form, with little or no attempt made to link it up with the ward work.

2.—The lack of any illustrative material to lighten up a somewhat heavy subject.

3.—The fact that, to the Junior nurse, the names and terms used in this subject form a vocabulary amounting almost to a foreign tongue.

Also the fact (which of course applied equally to other subjects) that too often the nurses were working such long hours and under such a heavy strain that studying was difficult. Very often these classes were held at night at the end of a weary day of anywhere from ten to twelve hours' long. Some of us can remember yet the sinking sensation we used to have as, weary in mind and body, we fore-gathered with our classmates in the lecture room. Too well we knew that not sufficient time had been spent on learning that previous lesson. Suppose (horrible thought!) that the lecturer should remember that half-promise, or was it a threat, to give us a quiz. Suppose that we should be called upon to give the dose of some of those weird sounding drugs we heard of last week.

Those days are now a memory, but very real are the instructor's trials in the teaching of that same subject to the nurses of to-day. After drilling away for weeks, at examination time there often comes a rude awakening. To the question, "What is meant by Idosyncrasy?" some bewildered soul replies, "Idosyncrasy is a drug given to increase the flow of bile."

To the question, "Name the three most characteristic symptoms of opium poisoning," instead of getting the answer "Pin point pupils, very slow breathing and heavy sleep or stupor," quite likely the answer comes, "Convulsions, body arched back, grinning expression on the face." (symptoms of strychnine poisoning); showing that the nurse had no real idea of the effect of either opium or strychnine, but had memorized various sets of symptoms and at examination time had got them mixed.

Personally, I have found it much easier to teach it in this way: I say "Next week we will take the opium family of drugs. Each nurse to come to class prepared with a written summary of her ward observations of this drug, prepared along the following lines:—

1.—What are the chief forms in which opium is being given on your own ward?

2.—Why is the patient getting it?

3.—How much is the patient getting, and how often?

4.—What effect could you observe after giving it?

At the following class, one nurse rises up and tells of a patient on her ward:—Post-operative hemorrhoidectomy, who had lead and opium pills ää gr. ¼ p. vi. C. for two days to prevent bowel movement. We make the point that opium checks most of the body secretions, and so checks peristalsis; also that it relieves pain.

A second nurse says "A patient with a very bad cold was given Dover's powder gr. X with a hot lemonade and kept warm in bed. He perspired profusely afterward and seemed better."

Here we make the point "Opium does not check sweat but increases it, and especially in the form of Dover's powder." Again: a post-operative patient in severe pain and very restless was given morphine gr. one-sixth hypodermically. In half an hour pain was eased and patient sleeping. "Morphine our best known anodyne."

Another nurse says:—"A baby on the children's ward in severe pain after operation, crying and pulling at bandages; given Tr. Camph. Co. Minims five. Was eased, silent and wakened better." We find that when opium is given to babies, it is usually in the form of Tr. Camph. Co. (Paregoric).

I tell them opium does not affect all people the same. Some are made wakeful, excited, etc; i.e., they have an "Idiosyncrasy" for this drug. I tell them cats cannot bear opium but are wildly excited after having it. This helps to fix the point in their minds and is not easily forgotten. I try to find some interesting fact outside of class work as a peg for them to hang their knowledge on.

When there are interesting cases on the wards, as poisoning cases, or any new treatment being tried out, I find out about it and draw their attention to the symptoms, treament, result, etc.

One of the great difficulties in teaching this subject has always been to find any illustrative material. In the Vancouver General Hospital we are very fortunate in having a lantern and many good slides. While it is easy to get good slides on Anatomy and Physiology and also Bacteriology, it has been very difficult to get any in Materia Medica. However, I have at last got a series of about thirty slides, the original pictures for which I took mainly from the National Geographic Magazines. The following will illustrate:—

Opium-Slide (1)—A Poppy Field, and men incising the calyx to obtain the sweet milky juice which when dried forms the crude opium.
(2)—An opium caravan.
(3)—An opium market in Turkey.
(4)—An opium expert testing samples.
(5)—Weighing the 1 lb. lumps of opium.
(6)—A Chinese seller of refined opium.
(7)—Opium smokers.

Camphor-Slide (1)—Native Formosan gouging chips from the Camphor tree.
(2)—Camphor "still" in a Formosa forest.
(3)—Refined camphor.

Quinine-Slide (1)—A native coolie and the bark from which quinine is derived.

I have also a number showing the various modes of transporting drugs to market in the different parts of the world.

In reply to the objection which I fancy some instructors are already formulating, namely, that these slides do not teach the action of the drugs, I say that the slides are not expected nor intended to teach the action of the drugs. They are used in an endeavor to lighten up a somewhat heavy subject, and to arouse interest in the course, and are usually known as the introductory lesson, and as such I have found them a great help. They also serve to show the world-wide sources from which we draw our drug supply, and often it is possible to explain more fully why certain drugs have increased so greatly in cost, and the necessity for careful handling of such.

Showing the crude drugs also helps, but for the action of the drugs, dosage, etc., it is necessary to depend on the assignments which lead the pupils to study and observe the various medicines being given to their own patients on the wards where they happen to be.

It would be very interesting to hear how some of the other Instructors are dealing with this subject.

Life is not as idle ore,
But iron dug from central gloom,
And heated not with burning fears,
And dipt in baths of hissing tears,
And batter'd with the shocks of doom
To shape and use.

In Memoriam.

Editorial

The editor wishes to express her thanks for the letters sent to her in reply to the circular letter received by subscribers in reference to the difficulties in getting the magazine out on time during the past few months. With such a kindly helpful feeling among us all, the success of the magazine in a greater degree than in the past seems to be certain.

The account of the C.A.N.E. Convention will be a feature of the September issue, it is hoped, with reports of work done.

All correspondents for various associations will confer a favor on the Editor if material for the magazine is in the office by the 20th of the month for insertion in the next month's issue. It is the intention of the managing editor to get the current issues out earlier in each month when possible, and the help of correspondents is needed to bring this about. Please remember the oft repeated request to send in all communications typewritten when possible, and, in any case, written legibly with pen and ink, on ONE SIDE of the paper only. As space is somewhat limited for personals, please condense whenever it can be done, and the editor's blue-penciling of material sent in will be lessened.

SPRINGTIME.

For chattering martins underneath the eaves,
For scent of lilac after last night's rain,
For dainty oak-buds bursting into leaves,
For joy of beauty that is almost pain—
We thank Thee.

For hawthorn and wild parsley by the way,
For primroses and cowslips 'mid the green,
For radiant pulsing life felt every day,
For flowering orchards and the bluebells' sheen—
We thank Thee.

For tired eyes that cannot come to see,
For deafened ears that cannot come to hear,
For aching city feet that may not flee,
For all who cannot watch the waking year—
We pray Thee, Lord.

W. A. W.

News from The Medical World

By Elizabeth Robinson Scovil.

Ready-Made Medicines.

A writer in the Missouri Medical Journal very sensibly remarks that the most serious harm in ready-made medicines is the perpetual suggestion that in order to keep well one must constantly be dosing oneself. Just the opposite is true. More rigid supervision of ready-made medicines should be exercised by responsible authorities. They go to considerable trouble to see that milk is fairly free from germs. All cities go to great expense to get pure water, and yet, to prevent the loss of time from using ineffectual symptomatic remedies and from habit-forming drugs, would seem just as important as the care of water and milk.

A New Treatment for Skin Diseases.

A Danish doctor who was much impressed by the success of his treatment of burns by the means of a film of paraffin has tried the film method in exzema and leg ulcers. He found the most effectual mixture to be 1 part benzoin, 5 parts cautchouc and 100 parts neutral paraffin, with melting point at 52 C. Infected ulcers were cleaned and dried with a jet of hot air before the film was applied.

Supporting A Bed Patient.

It is recommended to roll a blanket round a cane or other round stick and fasten it with safety pins. The roll is placed across the bed under the thighs and the ends of the stick secured to the head of the bed by long cords. The patient's back is then supported by a bed rest, or pillows, or an inverted chair, and he is prevented from slipping down in bed, while he has the comfort of a half sitting position.

Infusion of Sugar.

A French authority advises the intravenous injection of concentrated solutions of sugar in toxic infectious conditions and inanition, also in the treatment of some forms of heart disease. It is used to supplement or supplant digitalis.

The Ovaries and Cancer.

A case is reported of the subsidence of an inoperable cancer of the left breast with edema of the region and of the arm. There was a deep ulceration in the axilla, the glands were enlarged and hard, the head drawn down to the left side. At the close of a menstrual period the ovaries were removed. One was healthy, the other contained a small

cyst. A week later the ulceration and edema began to subside, in two months the ulcers had healed and the glands and edema had disappeared. The general condition was completely transformed and the patient went about. No other treatment was used. The ovaries must be actively functioning for their removal to be effective.

Chronic Sciatica.

A writer in the British Medical Journal is convinced that in chronic cases of sciatica, that have not recovered under medical treatment, surgical interference should be tried. If the right type of case is selected and the operation of nerve performed, a cure can be obtained in almost every case.

Radium in Gynecology.

At a meeting of the Tennessee Medical Association a member stated that he had seen extensive, inoperable cancers of the cervix undergo most rapid retrogression under the use of radium. The hemorrhage and foul discharge ceased entirely, the patients gained in weight and color and felt such a sense of well being and comfort that they knew they were cured. Of forty patients all but four showed marked and rapid improvement. These four were in such advanced stages as to be unsuitable for the radium treatment.

Extra Foods.

In a paper on the energy contents of extra foods, it is stated that meat sandwiches such as are commonly sold in public places average 75 Gm. in weight and represent about 225 calories in food value. Salad or lettuce sandwiches, with the addition of the fat containing mayonnaise, have a value equivalent to 485 calories, almost sufficient for a lunch. These cannot be regarded as trifles by those who are seeking to reduce their weight.

Aspirin.

The Journal of the American Medical Association says that acetylsalicylic acid was patented and the trade name "Aspirin" coined for it by the predecessor of the Bayer Company. Seventeen years of exclusive monopoly and advertising made a deep impression on the minds of physicians and laymen. When the patient expired, although numerous preparations of the drug were made available under the true name, acetylsalicylic acid, physicians continued to prescribe "aspirin." The new company has conducted a strong advertising campaign in the newspapers that leaves the impression there is no satisfactory aspirin but Bayers. This seems far from being the case, as there are other reputable makers. If physicians prescribe the drug, they should write its full name, otherwise Bayers must be supplied. If a layman asks for aspirin, the United States courts have decided that the pharmacist may supply acetylsalicylic tablets by any reputable maker of tablets, they being practically the same.

The World's Pulse

By Elizabeth Robinson Scovil.

A Helicopter.

An Airplane that can rise straight into the air from the ground has been successfully tested. It is called a helicopter and is driven upward by whirling screws. It was invented by a lieutenant of the Austrian Army Balloon Corps, and is officially acknowledged to be the first in the world which, after making the ascent, remained hovering in the air. A British helicopter has been invented which cannot only rise straight in the air and hover there, but can also move from point to point. These machines are said to solve the problem of vertical flight.

Culture Pearls.

The Japanese have discovered a method of producing pearls at will. A foreign substance is introduced under the liver of the oyster, which is then returned to its bed in the sea. The irritation caused forces the oyster to cover the offending irritant with an exudation called nacre, and in time it becomes a pearl. The size depends upon the length of time it is permitted to grow. Pearls can be grown as large as six or seven grains. This discovery has had a depressing effect on the pearl market.

Long Distance Telephoning.

In April a conversation was held between Cuba and the Island of Catalina, off California, a total distance of 5,561 miles. A deep sea cable, the land wires of the United States and a final section of wireless telephony was the means used. It is stated that if land wires alone were used the conversation could be heard as clearly over a distance of ten thousand miles. With proper equipment, it is possible for London to talk with Capetown and Calcutta, or even with Hong-Kong and Pekin. Conversations can then be held with Melbourne and Ottawa, and the whole Empire brought within speaking distance.

A Perfectly Healthy Woman

A Scotch woman, a Mrs. Ross, of Caithness, has recently died at the age of 101. She had never been ill until within four or five days of her death; had never consulted a doctor, nor tasted medicine.

Prison Reform.

In a Bill which should soon become law it is proposed that insane

criminals shall be given special treatment. Prisoners shall have an opportunity to do industrial work of some value and shall be paid for it. Schools shall be established in penitentiaries and a regular penitentiary board be formed. These reforms will make for the mental and physical improvement of the inmates and give them an opportunity to earn a little towards the maintenance of those dependent on them.

Permanent Number Plates.

An automobile association has suggested that permanent number plates, with a section where the date of the year can be inserted and changed when necessary, should be adopted by the Department of Public Works. They would save much unnecessary expense.

Porcelain Money.

A series of porcelain coins for Guatemala has been designed at the porcelain works at Meissen, Saxony, long famous for its manufacture of porcelain. If it is accepted, this currency wil replace the money made of hard rubber now in circulation in the Central American Republic. Paper money cannot be used there because of the climatic conditions.

Meeting Housing Conditions.

Four houses a day were built in Toronto in May between six o'clock in the morning and eleven o'clock at night. Seventy-five men were employed in the construction of one of the houses, which has a foundation of cement blocks.

An Important Appointment.

The University of London has appointed Dr. Louise McIlroy director of obstetrics and gynecology at the Royal Free Hospital, London, as professor of this department of the London School of Medicine for Women, which works in connection with the Royal Free Hospital. Similar positions elsewhere are held only by men. The Queen was present to honor the appointment of the first medical woman to hold a post of such importance. Canadian Medical women have long been fighting, first for admittance as students in the medical faculties of the Canadian Universities; secondly for posts on the staffs of Public Hospitals; thirdly for the same fees as men in general practice. English women doctors have obtained all three objectives.

God bless thee, dear . . .
With blessings beyond hope or thought,
With blessings which no word can find.
The Miller's Daughter.

Canadian Army Medical Nursing Service Department

In the last issue the name of Nursing Sister Isabel Davies, A.R.R.C., was inadventently omitted from the list of those attending the Convention at Quebec.

Captain and Mrs. Stuart Ramsey (nee Nursing Sister Juliette Pelletier), have returned from India to spend the summer at Quebec.

Mr. and Mrs. William White announce the marriage of their niece, Nursing Sister Eveline Mary Whitney, A.R.R.C., to Mr. John Raymond Robbins, on June 13th, in New York City.

Matron E. F. Pense, M.R.R.C., of the Military Hospital, Winnipeg, has acquired a car and devotes much of her leisure to motoring throughout the surrounding country.

After a prolonged visit throughout Western Canada, Nursing Sister Charlotte Younghusband, A.R.R.C., has returned to her home at Portage la Prairie.

Nursing Sisters Jean A. MacDonald and Alison B. McNeil, of the S.C.R. Hospital, Tuxedo Park, Winnipeg, were demobilized on June 30th.

Nursing Sisters E. W. Odell, M.R.R.C., and J. Dwyer have been on duty at the Cadet Camp, Military District No. 4.

Nursing Sister J. I. Bell, A.R.R.C., is visiting in Ottawa, the guest of her sister, Mrs. A. E. Fripp.

Amongst those present at the reception given at the Mount Royal Club, Montreal, in honour of Matron K. O. McLatchey, M.R.R.C., was Colonel Harry Blaylock, C.M.G., of London, England. Many were the warm handshakes extended to Colonel Blaylock. His kindness and courtesy whilst acting as Assistant Canadian Red Cross Commissioner, Boulogne, and Canadian Red Cross Commissioner, London, will long be remembered by members of the C.A.M.C. In Colonel Blaylock a sympathetic listener was always found. He had the art of making a requisition on the Red Cross a pleasing feature to Nursing Sisters.

Miss S. Cameron, R.N., and Miss Isabella Muir, are supervisors in Miss E. M. Wilson's (late Matron C.A.M.C.) Hospital, Stamford, Conn.

The Canadian Nurses' Association and Register for Graduate Nurses, Montreal

At the monthly meeting of the Executive Committee held on Friday evening, April 29th, Miss Lucy White was appointed Registrar of the C.N.A., and on the 18th of May entered upon her new duties at 638 Dorchester Street, West. We welcome Miss White and wish her every success.

The monthly meeting of the C.N.A. was held in the Club Room on Tuesday evening, May 3rd. After the transaction of the usual business, the Rev. Canon Shatford gave a most interesting lecture to the nurses, his subject being "Fighters and Writers." The lecturer gave many instances of the combination of the fighting and writing spirit, and of fighters producing writers, and writers fighters, giving extracts from the works of several authors.

We the glad to report that Miss May MacDougall is feeling much better after a few weeks' visit at Saranac Lake, N.Y.

Miss Birkett-Clarke has opened up her summer home at Chateauguay, Que. Miss Dow, who had been a patient in the Montreal General Hospital for some weeks, is visiting her for the next few weeks.

Miss Agnes Bullock is leaving on June 1st for a three months' visit to Portland, Oregon. She is accompanied by her sister, Miss Stella Bullock. We wish them a pleasant holiday.

Miss Ida Cooper leaves next week to spend the summer months at Saranac Lake, N.Y.

Miss Phillips and several members of the association are attending the Conventions of C.A.N.E. and C.A.T.N. in Quebec, May 30th to June 5th.

The tiny-trumpeting gnat can break our dream
When sweetest; and the vermin voices here
May buzz so loud—we scorn them, but they sting.

Elaine.

Hospitals and Nurses

MANITOBA

Brandon.

The annual meeting of the G.N.A. was held May 3rd at the home of Mrs. G. E. Fraser. A satisfactory report of the year's activities was read by Miss Margaret Gemmell. The membership now numbers 48, and in the past two years the sum of $1,300.00 has been raised by the Association for the purpose of furnishing a diet kitchen for the hospital to be built in the near future.

The Manitoba G.N.A. held their annual convention in Brandon early in the year, and the local nurses deemed it a privilege to listen to the splendid papers and discussions.

Another branch of the work was the support of a native nurse in China.

The officers elected for 1921-1922 are:—Honorary President, Miss Birtles; President, Mrs. Pierce; Vice-President, Mrs. Barrager; Secretary, Miss Sutherland; Social Convener, Miss Thidd; Treasurer, Miss Cannon; Press Representative, Miss Hulbert; Registrar, Miss C. McLeod.

A vote of appreciation to the President, Mrs. Pierce, and the Secretary, Miss Gemmell, was unanimously carried for the splendid work done by these officers.

Winnipeg.

The graduation exercises of the 1921 Class of the W.G.H. were held May 12th in the new science building of the University of Manitoba, over 700 people being present. J. S. Hough, president of the Hospital Board, presided, and all the nurses belonging to the training school attended. Addresses were given by Archbishop Matheson and Chief Justice Mathers. The diplomas were presented by Mrs. R. A. Rogers, M.L.A., and the medals pinned on by Miss Powell, superintendent of nurses.

The hospital presented a scholarship for $500.00, the recipient to take a teacher's course in either McGill University, Montreal, or Columbia University, New York, and, after completion of course, to spend one year in her own school. Miss M. M. Skinner was the fortunate winner.

The following prizes were presented by Mrs. R. A. Rogers:

Highest general proficiency prize, presented by the Ogilvie Milling Company, to Miss Mabel May Skinner.

Best executive work prize, presented by G. F. Galt, to Miss Florence Olive Cromie.

Best practical work prize, presented by Mrs. R. A. Rogers, to Miss Helen C. Begg.

General proficiency prize, intermediate class, presented by E. L. Drewry, to Miss Mary M. Black.

General proficiency prize (junior class), presented by Max Steinkoff, to Miss Susie Starkey Kelsey.

CLASS OF 1921:—Myrtle Argue, Anne T. Anderson, Annie Isabel Andrew, Margaret May Ard, Nettie Elizabeth Blough, Olive Edna Brown, Pearl A. Brownell, Helen G. Begg, Flossie Olive Cromie, Pearl L. Campbell, Mary Edith Curry, Helen Florence Carey, Dorothy C. Christopherson, Mary Henrietta Ellis, Rose Fred, Hazel E. Fuller, Mary Arva Fallis, Aimee Margaret Hobson, Sylvia Haney, Gertrude May Hall, Geraldine Hayden, Mabel E. Horn, Clara Jasper, Anna Jonsson, Pearl Jones, Agnes Jack, Myrtle E. Knittel, Ellenor L. Lynch, Clara Barton Lee, Isabelle McKenzie, Annie Isabel McDiarmid, Rena Grace McKeevor, Violet Eliza McAleese, Helen Gladys Mackay, Margaret Alexandra Marks, Lorna Ray Mathers, Elspeth Alberta Moffatt, Marjory B. Moffatt, Blanche L. Swanston, Olive Rae, Tillie Munn, Josephine H. Morgan, Elizabeth Winnifred Patterson, Elizabeth Patrick, Clara Edna Shields, Ada Bertha Schweitzer, Euphemia Mae Stauffer, Mabel May Skinner, Hazel H. Stanley, Jessie Gertrude Snider, Margaret Stowe, Anita Viola Sinclair, Hazel Mary Wallington, Merle R. Wright, Jessie E. Williamson, Mabel Mary Sharpe.

A special meeting of the Manitoba Association of Graduate Nurses was held in Winnipeg on May 17th to discuss the formation of a central registry.

For quite a number of years the Alumnae of the Winnipeg General Hospital have conducted a nurses' register, but feeling that the time has now come when a registry should be formed on a broader basis and to serve a wider field, the association at the last meeting voted to give up their registry.

The members of the Manitoba Association of Graduate Nurses voted for the formation of a central registry which will also act as a bureau of information, and which will deal with institutional positions as well as private duty cases. A committee was nominated which represents the larger training schools of the province, each alumnae association, the M.A.G.N., and also the Public Health Section and the Private Duty Section of the M.A.G.N.

It is hoped that this registry, when formed, will be able to meet every need in the nursing field of the province.

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QUEBEC

MONTREAL.

Miss Annie Smith and Miss Amy Ross (M.G.H., 1918), have resigned from the staff of the General Hospital, and have been succeeded

by Misses M. Batson and G. Jackson (1921).

Miss Scarlett has accepted the position of office nurse for Dr. Powell.

The graduating exercises of the Class of 1921, M.G.H., were held June 16th. Addresses were given by the President, Mr. Farquhar Robertson, and Dr. F. G. Finley. Thirty graduates were presented with medals and diplomas. Misses M. Batson and F. Whiting were the winners of the prizes given by the Board of Managers for general proficiency. Tea was served at the close of the exercises on the roof garden of the nurses' residence.

Miss Granger Campbell (1914) has resigned her position as superintendent of the City Hospital, Saskatoon, Sask.

Dr. and Mrs. Stuart Ramsay (Miss Juliette Pelletier, 1914), have returned from India and are visiting friends in Quebec.

Miss Young, lady superintendent; Miss Strumm, Miss Davies, Miss Holt and Miss Rayside, of the M.G.H., attended the Convention of the C.N.A.T.N. held in Quebec, when Miss Livingstone, for so many years Lady Superintendent of the Hospital, was made a life member of the association.

Miss Rayside, instructor at the M.G.H., and Miss Hallie Carman, (1910), are spending holidays in England and France.

Miss Laura Holland (1913) has severed her connection with the social service department of the M.G.H. and has gone to Toronto to take up work on similar lines. Miss M. L. McDermot (1911) succeeds Miss Holland at the M.G.H.

Miss Lucy White (1905) has been appointed Registrar for the Nurses' Association.

Miss Lillian Stewart (1917) has accepted a position as office nurse for Dr. Nixon, Grand Mere, Que.

Miss Van Buskirk (1897) has left Montreal and has taken up her residence in England.

Miss E. L. Dickie (1910) has resigned her position with the Laurentide Paper Co., at Grand Mere, P.Q.

Mrs. E. J. Giffin has resigned her position as night superintendent of the Women's Hospital, New York, and is doing private nursing in that city.

ROYAL VICTORIA HOSPITAL.

Miss Guernsey, who has been for the past year in Bermuda, has returned to the R.V.H. as night superintendent.

Miss Hersey, Superintendent of the Training School; Misses McLellan, Etter and Bellehouse, of the staff of the R.V.H., attended the conventions held in Quebec.

Miss Margaret MacIntosh (1902), formerly on the staff, passed through the city on her way to Evanston, Ill., where she has accepted a position.

Mis Florence Macmillan (1917) has resigned from the staff of the R.V.H. and intends, after a holiday, to do rural school nursing in Saskatchewan.

Mrs. Eric Paice (Miss Aileen Pomeroy, 1916) has returned from England.

JEFFREY HALE'S HOSPITAL, QUEBEC.

The out-of-town graduates who attended the conventions held in this city in June were Misses Mackie, Ambridge, Caron and D. Ford.

Miss Edith Glass and Miss E. F. Mathieson have accepted positions in one of the hospitals in New York City.

We regret the critical illness of Miss Gladys Hartley, who recently underwent a serious operation in the Lachine General Hospital.

Miss Cecile Caron has been appointed Lady Superintendent of Shawenigа Fall's Hospital.

Dr. and Mrs. Riddell (Louise Caron) have left for the west, where they intend to settle.

The students of the School for Graduate Nurses of McGill University entertained at a luncheon at the Windsor Hotel on Thursday, May 26th. The table decorations were carried out in McGill colors, and special hand-painted place cards were used. The guests included Miss Madeline Shaw, director of the course; Miss Hurlbatt, of the Royal Victoria College; Dr. Maude Abbott, the lady superintendents of the hospitals of the city, and Miss De Lany of the Victorian Order of Nurses. The partial students of the course were also present. Miss Charlotte Black, class president, welcomed the guests in a few well-chosen words, and at the conclusion of the luncheon short speeches were made by Miss Shaw, Miss Hurlbatt and Dr. Maude Abbott.

The following day the members of the class, together with the students of the social service class and the School of Physical Education, received their certificates at the Royal Victoria College, in convocation hall.

In the absence of Sir Arthur Currie, Dr. Adams, vice-principal of the university, presided. In presenting the certificates to the nurses, Dr. Adams remarked upon the high standing taken by the students in this first class for graduate nurses at the university.

Prizes given by Miss Helen Reid, B.A., L.L.D., for the highest average of marks, was awarded to Miss A. Slattery, of the Royal Victoria Hospital, Montreal, in the Public Health Course, and to Miss Beatrice O. Watson, of the Royal Victoria Hospital, in the Teaching and Administrative Course. The highest number of marks in this latter course were taken by Miss Ethel M. Sharpe, Homeopathic Hospital, Montreal, and

the highest number of honors by Miss Nora McPherson, General Hospital, Hamilton.

Following the convocation, Miss Shaw entertained for the nurses at a tea, when Dr. Maude Abbott, Instructor in History of Nursing, presented each member of the class with an autographed copy of her book, "Florence Nightingale as seen in her Portraits," which was much appreciated.

Before separating, the class formed an Alumnae Association, Miss Margaret McCammon being elected president, Miss A. Slattery vice-president, and Miss E. Sharpe secretary treasurer. Miss Madeline Shaw was unanimously elected honorary president of the Association, and Dr. Maude Abbott, Miss Helen Reid, Miss Hersey and Miss Fairley were made honorary members.

Several members of the Alumnae Association attended the conventions of the Canadian National Association of Trained Nurses, and the Canadian Association of Nursing Education, at Quebec. Among these were Miss Margaret McCammon, Miss Charlotte Black, Miss Kathleen Panton, Miss Kingston, Mrs. Young, and Miss Ethel M. Sharpe.

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NOVA SCOTIA

HALIFAX.

A most enjoyable luncheon was given at Health Centre No. 1, July 4th, American Independence Day, by the nurses in honour of their chief nurse, Miss Ross and her country. Covers were laid for fourteen, and the tables were very prettily decorated with the stars and stripes, the British flag, and maple leaves, with a huge centrepiece of marigolds, carnations and larkspur, a present from the nurses to Miss Ross. At the conclusion of the luncheon, "My Country, 'Tis of Thee" and "God Save the King," were alternately sung.

Following a thunder storm, a serious fire occurred at the Aberdeen Hospital, New Glasgow, the old wing reported to have been almost completely destroyed. Under the supervision of the superintendent, Miss Nina Grant, the patients were all moved to the Nurses' Home, or the Annex, and suffered no injury or accident. The Night Supervisor and her staff are accorded grateful tribute for their efficiency in discovering the fire and giving the alarm so promptly.

The "Nurses' Registration Bill" came up for discussion before the Legislative Assembly on May 10th, but was again rejected. The same bill was presented in 1919 and 1920.

Miss Stella Dorsey has resigned her position as head nurse in the Victoria General Hospital, Halifax, to accept a position as head nurse at the Dawson Memorial Hospital, Bridgewater, Ont.

NEW BRUNSWICK

The following nurses successfully passed the examination of the New Brunswick Graduate Nurses' Association, becoming thereby registered nurses of the Province: — General Public Hospital, St. John, Misses Lillian Shand, Beatrice Reid, Cora Reid, Frances Stanley, Margaret McKinnon, Mary Murdoch and Mabel McKinnon; from the St. John Infirmary, Agnes Duffy; from the Boston City Hospital, Miss Geraldine Armstrong; from Chipman Memorial Hospital, St. Stephen, Edith Van Barm, Lillian Phillips, Maida Baskin, Stella Murphy; from Hotel Dieu, Chatham, Ruth Kehoe, C. Gertrude Whitty, Mary Maceashern; from Hotel Dieu, Campbellton, Sister Anastasis Carroll; from Moncton General Hospital, Margaret Moore, Marguerite Brown; from Lowell City Hospital, Bowell, Mass., Mary Rayworth.

Miss Lillian Kane, of the staff of the General Public Hospital, St. John, recently severed her connection with that hospital. She has served as executive nurse there for five years and leaves for a responsible position in New York. Miss Kane will be much missed in the hospital, and her request for retirement was met with decided opposition from members of the Board of Commissioners. She was presented with a silver vase by the Chairman of the Board, with hearty words of deep regret by them and from Miss Scott, Superintendent of Nurses.

Miss Annie A. White, Registrar for New Brunswick, attended the convention of nurses held in Quebec as delegate from the N.B.A. of G.N.

Miss Etta Lane has resigned as Superintendent of Nurses at the Fisher Memorial Hospital, Woodstock, after thirteen years' service. She was presented with $100.00 by the staff as a slight recognition of her services. She has left for a visit to England.

Miss Jessie Forshaw, who has been instructor of the public health training school in St. John under the V.O.N., has been appointed acting inspector of the V.O.N. in the absence of Miss Cole, who is in England.

Miss Swim has resigned from the staff of the C.M.M.H., St. Stephen.

Miss Gretchen Turner, graduate of the G.P.H., St. John, sailed from New York.

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SASKATCHEWAN

Maple Creek.

Miss Grace Fleming, R.N., graduate of the Maple Creek General Hospital (1919), has resigned her position as Assistant Superintendent of the above hospital and left to take charge of the Municipal Hospital, Melville, Sask.

On Hospital Day, May 12th, the High School girls of Maple Creek were entertained. They were shown through the hospital, and an address was given them by Mrs. Miles, one of Florence Nightingale's first

nurses who trained in St. Thomas' Hospital. This was much enjoyed by these girls, and tea was then served to them by Miss Guillod, the superintendent of the hospital.

The Graduating Exercises of the Maple Creek General Hospital Training School for Nurses were held on the hospital lawn on Thursday, August 4th, 1921.

Swift Current.

Hospital Day, May 12, was fittingly observed throughout Saskatchewan, the account of its observance as given in the Swift Current "Sun" being typical of what occurred in each of the hospital centres:

"Hospital Day was very well observed by Swift Current citizens. From three to five there was a continuous visitation of the hospital wards. Tea was served in the main hall of the hospital building, the guests being received by the Superintendent, Miss Gillespie, and by Mrs. J. A. Russell, representing the President of the Hospital Aid Society. A number of other members of the Aid assisted in the serving of refreshments. Musical selections were enjoyed at intervals during the afternoon. About twenty young girls from the Collegiate who attended the function were taken in charge by Miss Barry, who gave them a talk on nursing as a profession, as well as conducting them over the hospital and home."

On Wednesday evening, June 1st, the Graduation Exercises are to be held in the Central School Auditorium, followed by a reception and dance in the Princess Royal Theatre.

The nurses to be awarded diplomas are:—Misses Anna Cog, Clara Jupp and Olive Benson.

Moose Jaw.

The regular monthly meeting of the Moose Jaw Graduate Nurses' Association was held on May 4th, eighteen members being present. After the disposal of the routine business, a most interesting and instructive address was given by Mr. W. F. Dunn, one of our leading legal men. His subject was, "Some Points in the Laws of Saskatchewan particularly affecting Women and Children." He pointed out the fact that some of the more recent and improved legislation is due largely to the fact that women have the franchise. During a social half hour following the meeting, one of the members read a little sketch in poetic form, entitled, "Some Little Bug Will Get You Some Day," which Mr. Dunn had brought for our entertainment; it was read aloud by one of the members.

Saskatoon.

On Thursday evening, May 19th, the graduation exercises of the City Hospital were held in Butler & Myer's Hall. The twelve nurses receiving diplomas were:—Ferne Hamilton, South Mountain, Ontario; Ethel M. Hamilton, Parry Sound; Ethel M. Garvie, Saskatoon; Flossie M. McRae, Outlook; Mabel J. Dahl, Davidson; Hettie E. Faycett, Wartime; Bessie I. Ferguson, Wilkie; Freda M. Burse, Saskatoon; Beatrice

A. Thrasher, Wisetown; E. May Hagerman, Surbiton; Nellie F. Willard, Dickson, U.S.; Irene Thompson, Brandon, Manitoba.

The address to the Graduating Class was given by President Murray, of the University of Saskatchewan.

A reception and dance followed the exercises.

Miss Inga Johnson (W.G.H., 1907) who has been visiting her sister, Mrs. K. S. Thordarson, for the past few weeks, returns shortly to her home in Winnipeg. Miss Johnson's many friends are delighted to learn that she has benefited greatly from her visit to Alberta and Saskatchewan, and trust that she will soon be able to return to her duties as Director of the Social Service Department of the Winnipeg General Hospital.

Miss Maja Hermann (W.G.H., 1907) spent a few days recently visiting in our city.

Miss Daisy M. Copeman (Deaconess Hospital, Buffalo, 1915) has been visiting her friend, Mrs. W. A. Ross, for the past few weeks. The many friends whom Miss Copeman has already made trust that she can be persuaded to remain and practise her profession in Saskatchewan.

Saskatchewan Sanitarium, Fort Qu'Appelle.

Miss E. May Fraser, the first Lady Superintendent of the Sanitarium, is visiting at the home of Doctor and Mrs. Ferguson.

Miss Jean Ramage (W.G.H., 1919) visited friends at the Sanitarium during the month. Miss Range, who is now engaged in private duty nursing in Regina, was formerly on the staff at the Sanitarium, and her many friends were glad to see her again.

Miss M. F. Gray, Supervisor of Nursing Housekeepers, visited hte Sanitarium in the interests of her work during the month. Miss Gray was warmly welcomed to the Institution, not only by her pupils, but also by the other graduates, and her visit was greatly enjoyed.

It is with great pleasure that we welcome back to her former positiin on the staff Miss Violet Wright (W.G.H., 1919) who has just recovered from a long illness.

The many friends of Bessie Stirling (W.G.H., 1917) will be delighted to learn that, following her long and serious illness, she is now back on light duty on the Sanitarium staff.

On the evening of May 14th, the staff met together in social intercourse to wish "good luck" to two of the members who are departing to other fields. Miss Latham is leaving for post-graduate work in Chicago, while Miss Helga M. Berg (Saskatoon City Hospital, 1915) is leaving the nursing profession for "married bliss." Dr. Ferguson, the superintendent spoke very highly of the services the nurses had rendered to the institution. The evening was spent in cards and music; later a dainty supper was served, followed by dancing.

REGINA.

The graduation exercises of the Grey Nuns' Hospital were most fittingly held on the evening of Hospital Day. The exercises were held in St. Mary's Hall, which was filled with the friends of the graduating nurses. The diplomas were presented by His Grace Archbishop Mathieu. His Honor, Lieutenant-Governor Newlands, addressed the class, while Miss Newlands presented the school medals. Father MacMahon, Principal of Campion College, addressed the graduating class in a few well-chosen words.

The nurses graduating were:—Misses Rachel Murray, Mary Moulding, Marie Fosberg, Margaret Donnelly, Mary Matthews, and Blanch Dalgleish.

On Friday evening, May 20th, the graduating exercises of the Regina General Hospital were held in the auditorium of the City Hall. The address to the graduating class was delivered by Dr. Hugh MacLean. His Honor,-the Lieutenant-Governor, presented the diplomas. The school medals were pinned on by the Lady Superintendent, Miss Fraser. A number of special prizes were presented by Miss Newlands.

After the exercises a number of the friends of the class remained to congratulate them, and to spend an enjoyable hour in dancing.

The nurses receiving diplomas were:—Helen Riddell, Moose Jaw; Norah Campbell, Luseland; Sadie Boyce, Pembroke, Ontario; Sadie J. Peterman, Prince Albert; Gertrude E. Wright, Becher, Ont.; Mary B. Fee, Punnichy; Mary R. Mingle, Bromhead; M. Esther Redman, Saltcoats; Laura J. Bleakley, North Gower, Ont.; Florence E. Kirkpatrick, Creelman; Mary J. Young, Regina; Lottie Styan, Strasbourg; Carmina Turpin, Pense; Carrie J. Prout, Rapid City, Manitoba; Jessie M. Jackson, Wilbur, Ont.; Mary R. Newton, Brandon, Man.; J. Irene MacLanders, Brule, N.S.

The newly organized R.C.H. Alumnae Association entertained the new graduates and their friends to tea in the home the following day. The guests were received by Miss Fraser, the Lady Superintendent, and by Miss Hunter, the President of the Association.

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ONTARIO.

CHATHAM.

The graduating exercises of St. Joseph's Hospital, Chatham, Ont., were held in St. Joseph's Hall, when the following members of the 1921 Class received their diplomas and medals:—Misses Marie Desloges, Mabel Fagen, Gladys Wright, Lena Glenn, Kathleen Shea, Grace Doyle and Charlotte Neff. The chairman, Mr. J. A. McNevin, addressed the audience, and other addresses were given by Miss Mabel Eagen for the nurses and by Dr. Moriarty, Father Solanus and Mayor Brisco. The

two latter presented the diplomas and pins to the graduates. A delightful musical programme was given, and after the exercises tea and dancing was enjoyed by all present.

WOODSTOCK.

The annual meeting of the Alumnae Association of the Woodstock General Hospital was held June 13th, and reported a very successful year financially.

Eight nurses, members of the 1921 graduating class of the General Hospital, Woodstock, received their diplomas June 14th at the residence. The presentation took place on the lawn, with many friends present. E. W. Nesbitt, M.P., presented the diplomas and Mrs. Sawtell and Miss Wilkinson the pins. Flowers were presented by little Betty Dunmoyer. Addresses were given by J. A. Calder, M.P.P.; Capt. Appleyard, and Rev. Dr. Gibson, and Mr. E. J. Coles, President of the Board, ably presided. Members of the class were:—Misses Jefferson, Uren, Kirkwood, Waters, Ward, Armstrong, Whiteman and Hastings.

LONDON.

Twenty-four nurses, the largest class ever graduated from St. Joseph's Hospital, received their diplomas recently in St. Peter's Parish Hall. Dr. Tilman acted as chairman and gave an excellent address. The validictory was delivered by Miss O. Fehrenbach and addresses were also given by Vicar-General O'Connor and Dr. Stevenson.

Bishop McKeon presented the pins to the following:—Misses Rose Hanlon, M. Henry, K. Dann, L. Kinsella, R. Burley, H. Nicholson, E. Stewart, B. Smith, A. Gerard, A. Quirk, O. Fehrenbach, M. Munnoch, K. Burke, A. Neville, L. Frances, A. McGregor, M. Hennessey, P. McLarty, N. Rosser, R. Crosby, A. Heffernan, A. Costello, M. Hunerington and Mrs. M. McLeod-Richardson, while the diplomas were presented by the Vicar-General. A splendid musical programme was given and flowers presented to each nurse by Mary Tilman for Dr. Stevenson.

The graduating class were entertained by the Alumnae Association the following evening at a banquet. Mrs. Tighe was presented during the evening with a beautiful tray, and two recent brides, Mrs. Joseph Henry and Mrs. Walter Dodd, were also the recipients of presents.

The graduating exercises of the 1921 Class, Victoria Hospital, took place May 11th, when twenty-three graduates received their recognition by receiving diplomas and pins presented by Mr. James Gray, of the Hospital Trust, and Miss Elizabeth Ross, Superintendent of the training school. A musical programme was provided and much appreciated. The Florence Nightingale pledge was administered by Col. Gartshore, after which he addressed the assembly, regretting that illness had brought about the resignation of Miss M. E. Stanley after fifteen years' service and welcoming Miss Elizabeth Ross as her successor Rev. J. Symington and Dr. Ferguson. In the evening a reception was held in the nurses' residence to celebrate the occasion. The following graduated:—Misses

G M. Rose, F. M. Wilson, I. F. Hobbs, E. M. Stephens, A. McKnight, D. I. Wickerson, H. D. Cumming, H. M. Haskett, Isabel Ross, L. J. McGugan, I. E. Smith, Eliza Robinson, C. G. Gibson, C. E. Miller, M. G. Hardie, E. M. Gray, W. M. Jones, E. E. Weir, G. F. M. Parce, M. Munro, G. Slater, M. Hodgins, and M. C. Clarke.

The class were entertained by the Alumnae Association at an informal reception the evening previous, when cards and music furnished the entertainment.

Miss Lydia Whiting represented the Alumnae at the Quebec Convention.

More than 450 babies were examined at the Clinic in connection with the big Baby Welfare exhibit held at the Technical School recently. Dr. Helen MacMurchy, of Ottawa, addressed the public gathering held in the evening.

Ottawa.

The graduating exercises of the General Protestant Hospital, Ottawa, were held May 27th, 1921, at the Lady Stanley Institution.

Kingston.

Twenty-five nurses graduated from the Kingston General Hospital, May 12th, composing the 1921 class. Mrs. Arthur Meighen, wife of Canada's Premier, presented the diplomas and pins, and medals were given to the graduates by General Ross and others. Col. R. E. Kent, president of the Hospital Board, presided, and a very large audience enjoyed an excellent musical programme and addresses by Dr. Miller, of Queen's University, and General Ross.

Toronto.

A delightful dinner was given to the Class of 1921, St. Michael's Hospital, at the King Edward Hotel, about twenty-five being able to attend.

Sympathy is expressed for Miss A. Christie, who lost her siter recently.

Miss Cahill was appointed delegate to the convention held in Quebec.

A sum of $1,216.00 was realized as a result of the campaign of the Alumnae Association for furnishing the reception room in the new nurses' residence.

The annual meeting of the Alumnae Association of the Hospital for Sick Children was held June 13th at the residence, the President, Mrs. G. C. Story, in the chair. It was decided to increase the annual fees to $5.00, this to include subscription to the Canadian Nurse Magazine and the G.N.A.O. fee. A scholarship is to be awarded, but more definite information will be given later to the magazine. The officers for the following year are as follows:—President, Mrs. G. C. Story; First Vice-President, Mrs. G. Boyer; Second Vice-President, Miss E. Butterfield;

Recording Secretary, Mrs. F. Rogers; Corresponding Secretary, Miss A. Grindley, 544 Huron Street; Treasurer, Mrs. H. I. Canniff, 77 St. Clair Avenue; Repesentative Canadian Nurse, Mrs. J. W. Reddick, 18 Keewatin Street; Representative G.N.A.O., Miss Haines. A garden party at Lakeside was the social part of the annual meeting, and was held June 18th. The guests were received by Miss Potts and Mrs. Story, and tea was served on the lawn, presided over by Miss Kinder.

The fourth graduating exercises of the Women's College Hospital were held June 21st at the nurses' residence. Mrs. Bowman, Superintendent, presented the report of the year. Mrs. A. O. Rutherford, president of the hospital board, presided, and Miss Church presented the diplomas and pins. An address was given by Dr. J. W. F. McCullogh, Provincial Officer of Health. Following the programme a reception was held on the lawn. Winners of scholarships and prizes are as follows:—$50 scholarship for general proficiency, presented by the Alumnae Association, Miss I. P. Chadwick; prize given by Dr. M. Reid for O. R. Technique, Miss Ashcroft; prize for highest academic standing, given by Dr. Corrigan, Miss E. J. McClintock; prize for neatness, Miss Flett and Miss Holden, equal; prize to Intermediate Class, given by Superintendent and staff for proficiency, Miss A. Quigley; prize for Pediatrics, presented by Dr. Skinner Gordon, Miss Kyle Marshall; prize for Hygiene and Sanitation, presented by Dr. Edith Gordon, Miss A. Bankwitz. Those graduating were:—Misses A. I. Johnston, I. P. Chadwick, B. E. Flett, E. J. McClintock, A. McClintock, Laura Ashcroft and Gladys Holden. A theatre party, given to the graduating class by the staff doctors, brought the day to a very pleasant close. The Alumnae Association gave a banquet on the evening of the 26th, when the new graduates were received.

Miss Mathieson, Superintendent of Nurses, Riverdale Isolation Hospital, Toronto, was the hostess of a very enjoyable dance at the Graduate nurses' club house, 295 Sherbourne Street, Wednesday evening, May 25th, in honor of the Graduating Class. The decorations were carried out in garnet and royal blue, being the colors of the Training School, and Richmond roses and blue iris, tied with blue ribbons, completed the color scheme. A buffet supper was served. The nurses graduating were: Miss Mina Craig, Toronto; Miss Jane Phillips, Toronto; Miss Annie Thompson, Chapleau; Miss Phoebe Hopper, Chapleau; Miss Myrtle Hammel, Sudbury; Miss Blanche Paisley, Stouffville; Miss Lucy Marsden, Tottenham; Miss Jane Latimer, Port McNicol.

A miscellaneous shower was given at the home of Mrs. Radford (R.I.H., 1918) for Miss Mae Morningstar (R.I.H., 1917), who is being married shortly. A most enjoyable evening was spent.

Diplomas and pins were presented to twenty-one members of the graduating class of 1921, Wellesley Hospital, June 14th, 1921, and were held on the lovely grounds of the hospital. The special feature of the programme was an address by Dr. Brewer, chief surgeon of the Presbyterian Hospital, New York. After prayer by Rev. Dr. Cody, the Chair-

man, Sir William Mulock, K.C.M.G., opened the exercises by a few well-chosen remarks. The annual report was given by Miss Elizabeth Flaws, Superintendent of the Hospital, which was followed by Dr. Brewer's address. Mrs. Herbert Bruce distributed the diplomas and pins, followed by the presentation of scholarships. The reception was the finish to a most delightful occasion. The following received diplomas:—Misses E. L. Morton, W. C. Greaves, H. M. Thompson, M. Steacy, A. Derbyshire, M. I. Longman, N. M. Coulter, A. L. Barton, J. M. Lowe, D. E. Thompson, E. R. MacNamara, F. I. Pearce, M. Hardy, D. M. Powers, G. L. Stover, M. C. MacLennan, A. E. McBeath, M. E. Wilkins, J. C. Joyce, G. M. Bellman and F. I. Hogg. Scholarships and prizes were awarded as follows:—The Sir Edmund Osler Scholarship—General Proficiency, Miss May Steacy, Senior Division, $50.00; Miss Dorothy Powers, Junior Division, $50.00. The Herbert A. Bruce Scholarship—Proficiency in Operating Room Technique, Miss Florence Pearse, $50.00. Intermediate Year—The Sir John Eaton Scholarship—General Proficiency, Miss Edith Cale, Senior Division, $25.00; Mrs. Barry, Junior Division, $25.00. Junior Year—The Sir William Mulock Scholarship—General Proficiency, Miss Eleanor Hinch, Senior Division, $25.00; Miss Aileen Harrison, Junior Division, $25.00.

The Central Registry of Graduate Nurses, Toronto, received its Charter on June 25th, 1921, and on the 29th of June a meeting of the groups was held to elect their councillors to the council, when Dr. Edmond King gave a very interesting address on the work of the Private Duty Nurse and her added responsibilities as one of an incorporated body. After the election of councillors, Mr. F. Barry Hayes gave a most instructive address regarding the advantages of a proposed club house and as to its success being dependent on the hearty co-operation of every member in a campaign being launched at the Canadian National Exhibition this autumn for the purpose of raising funds to purchase same. The dining hall tent, in which uniformed nurses will serve lunches, teas and dinners, will be situated at the north-west corner of the Industrial Building. At the close of the meeting Mrs. (Dr). King and Miss S. Amelia Edge, President of the Central Registry, received the nurses and their friends at a social evening and dance.

Grace Hospital—Miss S. Edge and Miss Henderson.

Hospital for Sick Children—Miss Grindley and Miss J. Hill.

Isolation Hospital—Miss Davidson and Miss Vincent.

St. John's Hospital—Miss Elliott and Miss Burnett.

St. Michael's Hospital—Miss Cahill and Miss Cholne

Toronto General Hospital—Miss Bertha M. Fife and Miss C. Brown.

Wellesley Hospital—Miss Stewart and Miss Carruthers.

Western Hospital—Miss Thompson and Miss Ogilvie.

President, Miss Edge; Registrar, Miss Ewing; Secretary-Treasurer, Bertha M. Fife.

BRITISH COLUMBIA.

The Victorian Order of Nurses for Canada has announced that it will offer a number of scholarships of $400.00 each to graduate nurses taking courses in Public Health Nursing in Canadian Universities. Ten to fifteen such scholarships are available for the University of British Columbia. Full information regarding these scholarships may be obtained from Chief Superintendent, Victorian Order of Nurses, 104 Sparks Street, Ottawa, or Miss Ethel Brown, 1250 Broadway W., Vancouver, B.C.

The fourth annual convention of the B. C. Hospital Association was held in Kamloops, B.C., on July 6th, 7th and 8th. The officers of the association were re-elected by acclamation, with Dr. H. C. Wrinch remaining at the head of the association.

The annual convention of St. Joseph's Alumnae Association took place June 4th, at St. Joseph's Hospital, over thirty members being present. President Ethel Saunders, R.N., was in the chair. The following officers were elected for the coming year:—President, Mrs. J. P. Sylvester; First Vice-President, Miss Mary Milligan, R.N.; Second Vice-President, Mrs. Jean Osborne; Recording Secretary, Miss E. Craighead, R.N.; Corresponding Secretary, Miss Bessie Middleton, R.N.; Treasurer, Miss Reta Marwood, R.N.; Executive Committee, Miss E. Johnson, R.N., Miss Eunic McDonald, R.N., Miss Thelma Steel, R.N., and Miss M. Lewis, R.N. Reports of the past year were read, showing marked success of the association in their first year. A vote of thanks to the retiring officers for their efforts and hard work during the year was unanimously carried. A buffet luncheon was served on the grounds of the hospital by the Sisters, assisted by Mrs. Alex. McDermott and Mrs. Angus Campbell. Benediction of the Blessed Sacrament took place at 7.30, after which a musical programme, with addresses by Miss Curtis, Dr. W. T. Barrett and Rev. Father Deaney, of Seattle, Wash.

Miss Grace McQuatt, R.N. (Class 1918), recent technician in the Radiology Department of Jubilee Hospital, left on an extended visit to Calgary and Winnipeg. Miss Nellie Gannon (Class 1919) has taken the position as night supervisor at the Royal Inland Hospital, Kamploops, B.C.

The Graduating exercises of the Class 1921 of the Vancouver General Hospital Training School for Nurses were held on Friday, June 17th, 1921, in the auditorium of the University of British Columbia.

The Provincial Royal Jubilee Hospital, Victoria, B.C., held their graduating exercises of the nurses of the Training School, Friday, May 20th, 1921, in the Alexandra Ball Room. Mr. George McGregor, Chairman of the Hospital Board, presided, and during the evening he and Rev. F. A. P. Chadwick addressed the graduates. The fourteen graduates receiving their diplomas were:—Miss Agnes Paterson, Olds, Alberta; Miss C. Ringrose, Nelson, B.C.; Miss G. H. James, Silverton; Miss Ethel Newman, Victoria, B.C.; Miss A. M. Ryan, Victoria; Miss

Maud Mirfield, Vancouver, B.C.; Miss Christine Allan, Nelson, B.C.; Miss Georgian Tranfield, Ladysmith, B.C.; Miss A. K. MacKay, South Pender Island, B.C.; Miss R. C. Nye, Ioco, B.C.; Miss W. A. Bellhouse, Galiano Island, B.C.; Miss C. Fowler, Armstrong, B.C.; Miss M. E. Stirling, Salmon Arm, B.C., and Miss Dorcas Miller, Peachland, B.C.

The following nurses passed the Provincial Registration Examination held May 25th and 26th, 1921, being the first held under the Registered Nurses' Act of 1918:—Miss Jean Paul, Nanaimo General Hospital; Miss Nancy Haughan, Nanaimo General Hospital; Miss Maud Mirfield, Jubilee Hospital, Victoria, B.C.; Miss R. C. Nye, Jubilee Hospital, Victoria, B.C.; Miss Alice Mackay, Jubilee Hospital, Victoria, B.C.; Miss Grace Ledingham, St. Joseph's Hospital, Victoria, B.C.; Miss Maud Byrd, St. Joseph's Hospital, Victoria, B.C.; Miss Frances McCaffrey, St. Joseph's Hospital, Victoria, B.C.; Miss Grace Curtis, St. Joseph's Hospital, Victoria, B.C.; Miss Franklin, Vancouver General Hospital; Miss Cooper, Vancouver General Hospital; Miss I. Richards, Vancouver General Hospital; Miss Cunningham, Vancouver General Hospital; Miss J. Fraser, Vancouver General Hospital; Miss E. Burris, Vancouver General Hospital; Miss Burnett, Vancouver General Hospital; Miss J. McDougall, Vancouver General Hospital; Miss E. Routley, Vancouver General Hospital; Miss Hausalt, Vancouver General Hospital; Miss V. Bell, Vancouver General Hospital; Miss E. I. Smith, Vancouver General Hospital; Miss E. Emery, Vancouver General Hospital; Miss M. Cameron, Vancouver General Hospital; Miss L. Findlay, Vancouver General Hospital; Miss J. Mercer, Vancouver General Hospital; Miss Chilvers, Vancouver General Hospital; Miss Collier, Vancouver General Hospital; Miss K. Scott, Vancouver General Hospital; Miss G. Perry, Vancouver General Hospital; Miss Jessie Forrest, St. Paul's Hospital, Vancouver, B.C.; Miss Lillian Sherwood, St. Paul's Hospital, Vancouver, B.C.

Prince Rupert.

Miss Charlotte Black, R.N., a graduate of the V.G.H., and the first British Columbia nurse to take the post-graduate course for institutional work at McGill University, Montreal, has accepted the position of Superintendent of Nurses at the Prince Rupert General Hospital.

Miss Sanderson, of the R.V.H., Montreal, has been appointed to the staff of the Social Service Department, Vancouver General Hospital.

Mrs. Bellamy, graduate of St. Paul's Hospital, and Miss Watson, have recently been appointed to the school nurses' staff, Vancouver, B.C.

Public Health Nursing Department

Address public health news items from each province to the following representatives:

Nova Scotia
Miss Margaret McKenzie,
Department of Public Health,
Halifax.

New Brunswick
Miss Sarah Brophy,
74 Carmarthen Street,
St. John, N.B.

Quebec
Miss Sarah Fraser,
110 Crescent Street,
Montreal.

Ontario
Miss Muriel McKay,
Industrial Nurse,
Ontario Hydro Commission,
University Ave., Toronto.

Manitoba
Miss Elizabeth Jeffers,
Suite 11A Justin Avenue,
Fleet and Doley Streets,
Winnipeg.

Saskatchewan
Miss Edna Morgan,
Normal School,
Regina.

Alberta
Miss Genevieve deTurbeville,
Prov. Public Health Dept.,
Edmonton.

British Columbia
Miss M. A. McLellan,
1883 Third Avenue, West.
Vancouver.

MISS ELIZABETH BREEZE, R.N.
Chairman of Section
125 Vancouver Block, Vancouver, B. C.

NOVA SCOTIA

Dalhousie has graduated another class in Public Health Nursing. The Class President, Miss F. M. Fraser, entertained her colleagues at an afternoon tea with dancing at the Waegwoltic Club. The members of the class are Frances Fraser, Dorothy Merlin, M. M. Kerr, G. J. Crosby, Janet Campbell, C. F. MacDonald, Charlotte Brown, Mary Smith and Blanch Martel.

Earth is dry to the centre,
But spring, a new comer,
A spring rich and strange,
Shall make the winds blow
Round and round,
Through and through,
Here and there,
Till the air
And the ground
Shall be filled with life anew.

Nothing Will Die.

BIRTHS

BAJUS—To Mr. and Mrs. Bajus, May 26th, 1921, at the Vancouver General Hospital, a son. Mrs. Bajus was Miss Maud Roberts.

DOWN—At Forrest, Ont., February, 1921, to Mr. and Mrs. George Down (Miss N. Rivington, 1915), a daughter.

MONTGOMERY—At Winnipeg, May 6th, 1921, to Dr. and Mrs. E. W. Montgomery (Mary Bell, W.G.H., 1906), a son.

WRIGHT—At Arcola, Man., May 12th, 1921, to Mr. and Mrs. E. T. Wright (Miss Tudhope, W.G.H., 1911), a daughter.

COOMBE—At Winnipeg, May 24th, 1921, to Mr. and Mrs. C. V. Coombe (Jessie Cochrane, W.G.H., 1913), a son.

EVANS—At the Montreal Maternity Hospital, Montreal, May 12th, 1921, to Mr. and Mrs. Trevor Evans (Miss D. Rhodes, M.G.H., 1918), a daughter.

SPENCE—At Kingston, Ont., May 9th, 1921, to Mr. and Mrs. John C. Spence (Miss Eva Dalgleish, K.G.H.), a daughter.

BROWN—At the Private Pavilion, Toronto General Hospital, Toronto, May 27th, 1921, to Mr. and Mrs. E. George R. Clarke (Jessie Paxton, T.G.H., 1916), a son.

GALES—At St. John, N.B., on June 11th, 1921, to Mr. and Mrs. John Gales, a daughter. Mrs. Gales was Miss DeCou (Class 1913, M.G.H.)

MCLENNAN—On May 29th, 1921, to Mr. and Mrs. McLennan, twin daughters. Mrs. McLennan was Miss Margaret Baskin, graduate of the Chilman Memorial Hospital, St. Stephens, N.B.

MCKAY—At Marble Mountain, C. B., on June 12th, 1921, to Rev. W. B. McKay, a daughter. Mrs. McKay was Miss Mildred Akerly, (G.H.P.), St. John, N.B.

ALMOND—At Boise, Idaho, in April, 1921, to Dr. and Mrs. Willis Almond, a daughter. Mrs. Almond was Miss Rhyl Picken, graduate of Royal Victoria Hospital, Montreal, 1918.

ROSS—At the Montreal Maternity Hospital, Montreal, Que., on May 13th, 1921, to Dr. and Mrs. Albert Ross (Miss Mollie Murphy, R.V.H., 1917), a daughter.

ROBERTSON—At Swift Current, Sask., on March 13th, 1921, to Mr. and Mrs. James Robertson (Miss Jennie Garbutt, Owen Sound General Hospital, 1918), a daughter.

HIRST—At Cornwall General Hospital, Cornwall, Ont., on June 6th, 1921, to Mr. and Mrs. Robert Hirst (Nursing Sister Ella Rae), a son—Robert Rae.

FARMER—In May, 1921, to Mr. and Mrs. A. H. Farmer, London, England, a son. Mrs. Farmer was Miss Dorothy Sanderson, R.V.H., 1916.

SIBBETT—At Winnipeg, on May 4th, 1921, to Mr. and Mrs. Sibbett (Miss Brown, W.G.H., 1917), a daughter.

BECK—At New Westminster, B.C., on November 29th, 1920, to Mr. and Mrs. Alexander Beck (Miss Patterson, W.G.H., 1915), a daughter—Elizabeth Mary.

RANDAL—At the Winnipeg General Hospital, on February 20th, 1921, to Mr. and Mrs. Phillip Randal (Miss Ivy Griffiths, W.G.H., 1915), a daughter.

MARRIAGES

ANDERSON-GORDON—At Montreal, April 23rd, 1921, Miss Lillian Gordon (M.G.H., 1915), to Mr. Colbourne Anderson.

FLEMING-SHAW—At St. Saviour's Church, Penticton, B.C., on July 14th, by the Rev. Canon Thompson, Huberta Margaret, youngest daughter of Major and Mrs. C. A. E. Shaw, of Cawston, B.C., to Mr. John Ross Fleming. Mrs. Fleming is a graduate of the Vancouver General Hospital. Mr. and Mrs. Fleming will reside in Cawston, B.C.

GRIFFIN-MCELHOES—At Vancouver, B.C., on May 3rd, 1921, Nursing Sister Martha B. McElhoes, (V.G.H., 1921), to Mr. M. J. Griffin, of Woodfiber, B.C.

HARRINGTON-SAGE—At St. Andrew's Church, Vancouver, B.C., on June 2nd, 1921, Flora Sage, R.N., to Mr. John Harrington, both of this city. Miss Sage is a graduate of Calgary General Hospital.

HYDE-HUNTER—At Armstrong, B.C., on May 4th, 1921, C. Mildred Hunter (Vancouver General Hospital, 1917), to James S. Hyde, of Edmonton, Alberta.

THOMSON-SHARP—At Magna Bay, B.C., on April 6th, 1921, Nina Florence Sharp (graduate Montreal General Hospital, 1917, and Nursing Sister C.A.M.C.), to Mr. Thomas Thomson, late 54th Kootenay Battalion. Mr. and Mrs. Thomson reside at Eagle Bay, Shuswap Lake, B.C.

KERR-MACDONALD—At the Holy Angel's Church, Buffalo, N.Y., on June 24th, 1921, Bertha Evelyn MacDonald (M.G.H., 1917), daughter of Dr. D. D. and Mrs. MacDonald, Alexandria, Ont., to Mr. Charles H. Kerr. They will reside in Buffalo, N.Y.

MOONEY-MURRAY—At. St. Alban's Church, Winnipeg, on March 28th, 1921, Miss Pearl Bradley (W.G.H., 1919), to Mr. A. W. Lee.

PATTERSON-MCKINSTRY—At Winnipeg, Man., on April 9th, 1921, Miss Georgina McKinstry (W.G.H., 1920), to Mr. D. A. Patterson.

MORTON-HARRIS—At Montreal, on June 3rd, 1921, E. A. Harris (M.G.H., 1916), to Mr. Ernest T. Morton, of Quebec City.

WHITEHEAD-ATKINSON—At St. Andrew's Church, Prince Rupert, B.C., Elizabeth Atkinson (graduate of the Vancouver General Hospital, Vancouver, B.C.), to Mr. Geoffrey Whitehead, of Prince Rupert.

BOULTBEE-WHITEHEAD—At St. James' Church, Vancouver, B.C., July 12th, 1921, Helen Jeannette Whitehead (graduate of the Vancouver General Hospital, Vancouver, B.C.), to Capt. Leonard Boultbee, of Vancouver, B.C.

ROBINSON-FOX—At Winnipeg, Man., on June 1st, 1921, Pearl Fox, of Gagetown, N.B. (graduate of the General Public Hospital, St. John, N.B.), to Mr. Howard Robinson, of St. John, N.B.

BEATTY-COLE—At St. John, N.B., recently, Gertrude Cole (graduate of the General Public Hospital, St. John, 1919), to William Beatty, of St. John, N.B.

STEAD-HEGAN—At St. John, N.B., on June 15th, 1921, Edith Hegan, R.R.C., to Mr. Basil Stead, of Ottawa. Miss Hegan graduated from the New York Hospital, New York, and served with distinction overseas, winning the R.R.C., and served in Canada as Matron of the Military Hospitals in St. John and Regina.

MUSSELL-CASWELL—At Maple Creek, Sask., on April 18th, 1921, Almira Caswell, R.N. (graduate of the Maple Creek General Hospital, 1920), to Mr. Byron Mussell, of Tompkins, Sask.

PRATT-MCDOWELL—Recently, at St. John, N.B., Alethea McDowell (graduate of the G.H.P., St. John, 1920), to Dr. Chas. M. Pratt. They will reside in St. John.

DAVIDSON-WOODHEAD—At Galt, Ont., July 4th, 1921, Miss Florence Elizabeth Woodhead (R.V.H., 1917), to Mr. William James Davidson, Jr. Mr. and Mrs. Davidson will live at 407 McLean Street, Ottawa, Ont.

HAYES-BOWIE—At St. Anne's Church, Toronto, Anna Bowie (St. Michael's Hospital, Toronto, 1916), to Dr. J. Vernon Hayes. They will reside in Peterboro.

ROCHE-HECK—At. St. Peter's Church, Toronto, April 20th, 1921, Gertrude Heck (St. Michael's Hospital, Toronto, 1920), to Mr. Wilfred Roche, Windsor, Ont.

DEATHS

KENNEDY—At St. Michael's Hospital, Toronto, on April 13th, 1921, Miss May Kennedy (St. Michael's Hospital, Toronto, 1916).

WALLBRIDGE—On Wednesday, May 25th, 1921, at the Private Pavilion, T.G.H., Gladys E. Wallbridge, beloved daughter of Mrs. H. E. Wallbridge, of Massassaga, Ont., and graduate of the T.G.H., 1915. During her final year her health broke down, and for seven years was confined to her bed, suffering constantly. She was an example to all who knew her. Her courage and cheerfulness were an inspiration. Funeral services were held at the chapel of the T.G.H. Almost the entire class of 1915 were able to attend, as well as many other nurses who had learned to know and love her. The interment took place in Belleville.

THE PHILADELPHIA HOSPITAL for Contagious Diseases, at Second and Luzerne Streets, Philadelphia, Pa., offers a Post Graduate Course of three months to graduates of registered schools for nurses.

Students have eight-hour duty, including a half day each week and a half day each Sunday. They receive $42.00 per month, Board, Room and Laundry. Seventy (70) hours of instruction are given in the theory and nursing technic in Communicable Diseases.

The next class will enter April 1, 1921. For information, apply to the Supervising Nurse, Philadelphia Hospital for Contagious Diseases, Philadelphia, Pa.

GRADUATE NURSES WANTED for General Duty. Salary $90.00 per month and full maintenance. Apply to Supervising Nurse, Philadelphia Hospital for Contagious Diseases, Philadelphia, Pennsylvania.

MENDING A NERVE.

Sufficient time has now elapsed to render assured the complete success of one of the most striking surgical experiments resulting from the war.

The patient, a young officer at the Queen Alexandra Hospital for Officers at Highgate, had been severely wounded in the forearm, four inches of the ulnar nerve, one of the important nerves supplying the hand, being totally destroyed, thus rendering the hand practically useless.

"About one case in ten of ordinary nerve-grafting with laboratory-treated nerves succeeds," the surgeon who did the operation told me, "so I decided to replace the destroyed nerve with another similar nerve as nearly alive as possible."

Search was therefore made at a number of London hospitals until the surgeon found what he wanted — a case of a limb amputation, from which was obtained the required length of a practically living, healthy nerve of the same quality and size as the destroyed ulnar. This was sent to the officers' hospital by taxicab. On its arrival the officer was at once anaesthetised, the wound in his forearm was opened, and the section of leg nerve was sewn to the two ends of the injured ulnar, thus bridging the gap. The wound was then closed.

After some weeks faint sensation and, later, power to move the muscles of the hand governed by the ulnar nerve, gradually returned, until a few weeks ago the officer was able to leave the hospital and take up light duties at a home station.

WANTED

Registered Nurses and Male Attendants who are thoroughly experienced in the care of neurological and psychiatric patients. Address Anna G. McCrady, R.N., Supt. of Nurses, National Sanitarium, Marion, Indiana.

WANTED

At Batavia Hospital, Batavia, N.Y., an Assistant Superintendent qualified to teach in a registered Training School for Nurses. Apply to Superintendent, giving date of graduation, experience, and salary expected.

Offered By

THE CANADIAN NATIONAL ASSOCIATION OF TRAINED NURSES.

A scholarship of $500.00 is offered by the Canadian National Association of Trained Nurses to assist a nurse desirous of taking the one-year Nursing Course in McGill University, the winner of the scholarship having the choice of the courses given: Teaching in Schools of Nursing; Administration in Schools of Nursing; Public Health Nursing.

Applicants must fulfil all of the requirements as set forth by the University:—

(a) — Educational standing, evidences of a complete High School education or of an equivalent which is adequate to the requirements of the University.

(b) — Professional standing, evidences of the satisfactory completion of a course in a Nurses' Training School of approved standards connected with a Hospital of at least 50 beds and covering a complete general training of at least two years.

In addition to these requirements, the applicant shall be a member of one of the Nursing Organizations affiliated with the Canadian National Association of Trained Nurses.

For full particulars in regard to the course, nurses should write to Miss M. Shaw, Department of Nursing, McGill University, Montreal.

As the scholarship is open to nurses desiring to enter the University this fall, applications should be in as early as possible — no application received later than September the first being considered. For further information, and for formal application forms, write to the Secretary of the Scholarship Committee,

MISS HELEN RANDAL, R.N.,
125 Vancouver Block,
Vancouver, B.C.

WANTED!

Graduate Nurses for general duty. Salary Ninety Dollars ($90.00) per month and maintenance. Apply to Supervising Nurse, Philadelphia Hospital for Contagious Diseases, 2nd and Luzerne Sts., Philadelphia.

THE VICTORIAN ORDER OF NURSES FOR CANADA

Offers Scholarships

The Victorian Order of Nurses for Canada offers scholarships of $400.00 each to graduate nurses who wish to avail themselves of a post-graduate course in public health nursing at the Universities of Vancouver, B.C.; Toronto and London, Ontario; McGill, Montreal, Que., and Dalhousie, Halifax.

Nurses accepting scholarships will be expected to remain in the service of the Victorian Order for one year upon successful completion of the course at prevailing salaries.

Application for scholarships must be made at the earliest date to the Chief Superintendent, 104 Sparks Street, Room 4, Ottawa; Miss Ethel Brown, 1250 Broadway, W., Vancouver, B.C.; or to Miss E. Ada Luxon, 344 Gottingen Street, Halifax, N.S.

Prospectus for Universities courses may be had upon application to the Universities.

THE GRADUATE NURSES' ASSOCIATION OF NOVA SCOTIA HALIFAX.

President, Miss C. M. Graham; Vice-President, Miss A. Luxon, Halifax; Miss Watson, Yarmouth; Sister Ignace, Glace Bay; Treasurer, Miss L. F. Fraser; Secretary, Miss S. Archard.

Executive Committee—Misses Barrington, Keating, M. MacKenzie, Mullins, Pemberton and Read.

Conveners—Mrs. McLarren and Mrs. Larkin.

THE NEW BRUNSWICK ASSOCIATION OF GRADUATE NURSES

President, Miss Margaret Murdoch, G.P.H., St. John, N.B. Vice-Presidents: Mrs. G. H. Vaughen, St. John; Miss A. Branscombe, St. Stephens; Miss E. Sansom, Fredericton; Miss McMasters, Moncton; Miss E. Keyes, Newcastle. Treasurer, Miss E. J. Mitchell, G.P.H., St. John; Recording Secretary, Mrs. Leonard Dunlop, St. John; Registrar, Miss Annie Whyte, Doaktown.

Corresponding Secretaries—Miss M. J. Murdie, 35 Carlton Street, St. John; Miss M. Fraser, St. John; Mrs. O. A. Burnham, St. John.

Regular Meetings—Second Monday, 8 p.m.

THE ALUMNÆ ASSOCIATION OF THE WOMEN'S HOSPITAL, MONTREAL

Hon. President, Miss E. F. Trench, Superintendent of Nurses, Women's Hospital; President, Mrs. A. Chisholm, 26 Lorne Avenue; Vice-President, Miss H. A. I. Wyman, 305 MacKay Street; Secretary-Treasurer, Miss J. E. Smithers, Women's Hospital.

Conveners of Committees—Finance, Miss E. F. French; Social, Miss H. A. T. Wyman; Sick Visiting, Miss Seguin.

Representative to the "Canadian Nurse"—Miss H. A. T. Wyman.

Regular Monthly Meeting—Third Tuesday, 8 p.m.

THE ALUMNÆ ASSOCIATION OF THE CHILDREN'S MEMORIAL HOSPITAL TRAINING SCHOOL FOR NURSES, MONTREAL

Hon. President, Miss J. Giffen, Lady Supt., C. M. H.; President, Miss M. Wight, C. M. H.; Vice-President, Miss C. MacDonald; Treasurer, Mrs. Walcott, 47 Notre Dame St., Lachine; Secretary, Miss E. G. Alexander, C. M. A.

Board of Directors—Miss Stafford, Miss M. Armour.

"Canadian Nurse" Representative—Miss E. Morris.

Regular meeting, 1st Friday of every second month, from May to June, 4 p. m.

THE ALUMNÆ ASSOCIATION OF THE ROYAL VICTORIA HOSPITAL, MONTREAL, QUE.

Hon. President, Miss E. A. Draper; President, Miss Goodhue; First Vice-President, Miss A. L. Campbell; Second Vice-President, Miss Bellhouse; Recording Secretary, Mrs. E. Roberts, 438 Mount Stephen Avenue, Westmount, Que.; Corresponding Secretary, Miss M. A. Prescott; Treasurer, Miss Margaret Etter; Treasurer Pension Fund, Miss Milla Maclellan.

Executive Committee—Miss Hersey, Miss A. M. Hall, Mrs. H. A. Clark, Mrs. Stanley, Miss F. V. MacMillan, Miss Eden Leys.

Programme Committee—Miss Katherine Davidson.

Representative to "Canadian Nurse"—Miss Helen P. Rice.

Representatives to Local Council—Mrs. H. T. Lyons, Mrs. A. B. Finnie.

Sick Visiting Committee—Mrs. M. S. Bremner, Convener, 225 Pine Avenue, West; phone, Up3861.

Regular Meeting—Second Wednesday, 8 p.m.

THE ALUMNAE ASSOCIATION OF THE WESTERN HOSPITAL, MONTREAL

Hon. President, Miss J. Craig; President, Mrs. J. Pollock; First Vice-President, Miss C. Rowley; Second Vice-President, Miss H. Williams; Treasurer, Miss J. Craig, Western Hospital, Montreal; Secretary, Miss B. A. Dyer, Western Hospital, Montreal, Quebec.

Convener of Finance Committee—Miss B. A. Birch, Western Hospital.

Convener of Programme Committee—Miss Ada Chisholm.

Convener of Membership and Visiting Committee—Miss Ethel Mount.

Convener of General Nursing Committee—Miss B. A. Birch.

Representative to Canadian Nurse—A. M. Stephens.

THE ALUMNAE ASSOCIATION OF THE HOMEOPATHIC HOSPITAL. MONTREAL, QUE.

Hon. President, Mrs. H. Pollock, Superintendent of Nurses, Homeopathic Hospital; President, Miss M. Richards, 166-A Mansfield Street; First Vice-President, Miss H. O'Brien, Homeopathic Hospital; Second Vice-President, Miss J. O'Neil, 275 Mance Street; Secretary, Miss D. W. Miller, Homeopathic Hospital; Assistant Secretary, Miss M. Lunny, 357 Oliver Avenue; Treasurer, Miss M. J. Boa, Homeopathic Hospital.

Conveners of Committees—Finance, Miss D. Miller; Sick Visiting, Misses Swan, B. Gilmour, Garrick, Taylor.

Representative to the "Canadian Nurse"—Miss J. Lindsay, 28 Souvenor Avenue.

Regular Monthly Meeting—First Thursday at 8 p.m.

THE ALUMNAE ASSOCIATION OF THE MONTREAL GENERAL HOSPITAL, MONTREAL

President, Miss Isabelle Davies; First Vice-President, Miss Ethel Brown; Second Vice-President, Miss Young; Recording Secretary, Miss Van Buskirk; Corresponding Secretary, Miss Gray, M. G. H.; Treasurer, Miss Colley, 26 Melville Street; Treasurer Sick Benefit Fund, Miss Dunlop.

Executive Committee—Miss Holland, Miss Lang, Miss Watters.

Representative to "Canadian Nurse"—Miss Tedford.

Representatives to Local Council—Miss Whiting, Mrs. Simpson.

Proxies—Mrs. Lamb, Miss Holt.

Sick Visiting Committee—Mrs. Cairns, Miss Jamieson, Miss Doré, Miss McLeod.

Regular Meeting—Second Friday.

LADY STANLEY INSTITUTE ALUMNAE, OTTAWA

Hon. President, Miss Catton; Hon. President, Mrs. Warren Lyman; President, Miss A. McNiece; Vice-President, Miss Jessie Waddell; Secretary, Miss E. McGibbon; Treasurer, Miss Norma Dawson.

Board of Directors—Mrs. Sutherland, Miss L. Belford, Miss M. Slinn.

THE GRADUATE NURSES' ASSOCIATION OF ONTARIO INCORPORATED 1908

President, Miss E. J. Jamieson, Toronto; First Vice-President, Miss Mary Catton, Ottawa; Second Vice-President, Mrs. A. C. Joseph, London; Secretary-Treasurer, Miss Mary Irene Foy, 163 Concord Avenue, Toronto.

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Regular Monthly Meeting—Second Wednesday, 8 p.m.

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CREAM OF ONION.

Place two cups of thinly sliced onions in a saucepan and add cup of cold water. Cook until soft and then rub through a fine sieve. Measure and return to the saucepan, and add one cup of milk for every cup of the onion puree and two level tablespoons of flour to every cup of milk. Stir to dissolve the flour, then bring to a boil and cook slowly for five minutes. Season, using salt and white pepper. Then add one tablespoon of butter to every quart of cream soup. Croutons or toasted strips of bread make a delicious accompaniment to cream soups.

How to prepare croutons: Cut slices of bread into one-inch blocks and place on a baking dish and bake until golden brown. Place in a tin box or jar and seal. When ready to use just reheat to crisp and then serve. Stale bread may be used for this purpose.

PUREE OF SPINACH

Wash and thoroughly clean, and then chop fine and measure and place two cups of the prepared spinach in a saucepan. Add two cups of cold water, and bring slowly to a boil and cook for 15 minutes. Rub through a fine sieve and return to the saucepan. Now add: Two and one-half cups of milk; six tablespoons of flour; one tablespoon of grated onion; one tablespoon of finely chopped parsley. Stir to dissolve the flour and then bring to a boil. Cook slowly for five minutes and then season to taste and serve. The coarse outside leaves of lettuce may be used in place of the spinach, or one and one-half cups of watercress or one cup of parsley.

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